

## Central College Dutch Invitational 2026 - 3/28/2026

## Ron and Joyce Schipper Stadium

## Results

## Event 1 Women Hammer Throw

## Top 9 to Finals

Name	School	Finals
<b>Finals</b>		
1 King, Candra	Iowa State	63.19m
2 Brown, Kamari	Iowa State	57.29m
3 Lynch, Natasha	Iowa Western	57.18m
4 Cox, Caitlyn	Loras	56.44m
5 Lachacz, Kileigh	Northern Iow	52.34m
6 Vandemark, Kady	Graceland	49.89m
7 Lefort, Eleanor	Luther	45.53m
8 Leroy, Laurie	Truman	44.64m
9 Kounkel, Lauren	Northern Iow	43.33m
10 Kling, Hannah	Graceland	43.12m
11 Malatt, Eliana	Loras	42.66m
12 Newton, Amanda	Graceland	42.55m
13 Zimdars, Destiny	Truman	42.11m
14 Albert, Cynthia	Iowa Central	41.77m
15 Hopgood, Faith	Culver-Stock	41.35m
16 Wynglarz, Kaydence	Graceland	40.97m
17 Hibbert, Lovely	Iowa Western	40.72m
18 Horsfall, Abby	Loras	39.82m
19 Lorence, Brylie	Northern Iow	39.73m
20 Galowitz, Kylie	Grinnell	39.61m
21 Schermerhorn, Payton	Buena Vista	39.46m
22 Seedorff, Eve	Waldorf	39.31m
23 Brown, Addy	Truman	37.83m
24 Gallick, Audra	Loras	37.80m
25 Mar, Robyn	Cornell Coll	37.50m
26 Swaby, Breanna	North Iowa A	37.49m
27 Fulks, Isabella	William Penn	37.22m
28 Schei, Isabella	Saint Mary's	35.71m
29 Brandt, Hannah	Grand View	35.15m
30 Graciano, Emily	Cornell Coll	35.06m
31 Thomas, Kiara	Waldorf	34.74m
32 Logeman, Emma	Waldorf	34.55m
33 Stanley, Christina	Truman	34.54m
34 Cunningham, Maddie	Grand View	34.49m
35 Berg, Maddy	Simpson (Iow	33.90m
36 Buehrle, Mya	Culver-Stock	33.66m
37 Simon, Sophie	Simpson (Iow	33.20m
38 Alvarez, Suzette	Saint Mary's	32.91m
39 Anderson, Lilly	Loras	32.16m
40 Staton, Kara-Jean	Southwestern	32.06m
41 Hurst, Marlowe	Grinnell	26.98m
42 Harris, Emily	Truman	26.84m
--- Bryan, Mackenzie	Culver-Stock	FOUL
--- Smith, Bridgette	Loras	FOUL
--- Spieler, Kayla	Truman	FOUL

## Event 2 Men Hammer Throw

## Top 9 to Finals

## Following Women's Hammer

Name	School	Finals
<b>Finals</b>		
1 Verzani, Zach	Iowa State	62.39m
2 Wagner, Garret	Iowa State	61.17m
3 Stockdale, Haydn	Iowa Central	59.25m
4 Russell, David	Northern Iow	56.48m
5 Rotherham, Nathan	Iowa State	54.58m
6 Morrison, Lucas	Iowa State	54.02m
7 Pflipsen, Eli	Loras	52.99m
8 Allen, Carter	Loras	51.78m
9 Clawson, Ian	Grinnell	50.96m
10 Aaron, Carl	Truman	49.05m
11 Jackson, DreAnthony	Loras	49.04m
12 Beebe, Chase	Truman	48.35m
13 Alhussaini, Elijah	Grand View	47.42m
14 Zarlitanes, Alex	Central Coll	47.13m
15 Zandvliet, Koen	Iowa Western	46.71m
16 Savage, Ambrose	Central Coll	46.25m
17 Williams, Brody	Cornell Coll	45.85m
18 Schoening, Conrad	Grand View	44.84m
19 Yao, Cooper	Waldorf	43.97m
20 Novotny, Dom	Truman	43.58m
21 McMurry, Quillan	Grand View	43.10m
22 Patterson, Kael	Central Coll	42.78m
23 Stoecker, Sam	Central Coll	42.23m
24 Figo, Jackson	Truman	42.05m
25 Rasch, Colin	North Iowa A	41.85m
26 Gabriel, Grant	Truman	41.51m
27 Alberts, Angus	Iowa Central	41.09m
28 Robey, James	Waldorf	40.97m
29 Piero, Nick	Loras	40.90m
30 Addison, Myrthon	William Penn	40.61m
31 Vigil, Frankie	Graceland	40.40m
32 Kolla Nquimdo, Frederick	William Penn	39.76m
33 Mehlhorn, Joey	Luther	39.69m
34 Agau, Alier	Central Coll	39.57m
35 McNeil, Michael	Iowa Central	38.69m
36 Zeien, Marshall	North Iowa A	38.33m
37 Schoon, Brayden	Iowa Western	38.09m
38 Leopoldo, Caleb	Grinnell	37.45m
39 Brennan, Oleg	Grinnell	36.61m
40 Strom, Logan	Luther	35.35m
41 Berry, Burke	Iowa Central	33.23m
--- Bell, Jake	Grinnell	FOUL
--- Olson, Justin	Northern Iow	FOUL
--- Bueso, Tomas	Grand View	FOUL
--- Pennington, Gavin	Central Coll	FOUL



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## Results

## Event 3 Men Discus Throw

## Top 9 to Finals

Name	School	Finals
<b>Finals</b>		
1	Fischer, Brandon	Iowa State 54.59m
2	Lienau, Carson	Northern Iow 52.79m
3	Norris, Daniel	Iowa State 52.03m
4	Demsey, Nolan	Northern Iow 51.66m
5	Russell, David	Northern Iow 51.00m
6	Etuma, Michael	Iowa State 50.63m
7	Zandvliet, Koen	Iowa Western 49.41m
8	Morrison, Lucas	Iowa State 49.04m
9	Becker, Kole	Iowa State 48.62m
10	Bell, Jake	Grinnell 46.83m
11	Souvongsavath, David	Simpson (Iow 45.89m
12	Olson, Justin	Northern Iow 45.77m
13	Pflipsen, Eli	Loras 45.23m
14	Allen, Carter	Loras 44.47m
15	Aaron, Carl	Truman 44.11m
16	Savage, Ambrose	Central Coll 43.53m
17	Givens, Carl	Iowa Central 43.31m
18	Agau, Alier	Central Coll 42.16m
19	Darrow, Xavier	Central Coll 41.82m
20	Zarlatanes, Alex	Central Coll 41.45m
21	Patterson, Kael	Central Coll 41.07m
22	Dierking, Tate	Simpson (Iow 41.02m
23	Davenport, Darius	Grand View 40.93m
24	West, Xzavion	William Penn 40.55m
25	Davis, Tyler	Truman 40.45m
26	Schoening, Conrad	Grand View 40.21m
27	Strom, Logan	Luther 39.71m
28	McMurry, Quillan	Grand View 39.67m
29	Zeien, Marshall	North Iowa A 39.62m
30	Clawson, Ian	Grinnell 39.48m
31	White, Cole	Simpson (Iow 38.99m
32	Pierro, Nick	Loras 37.94m
33	Novotny, Dom	Truman 36.03m
34	Spurgeon, Cooper	Iowa State 35.98m
35	Mehlhorn, Joey	Luther 34.26m
36	Mistlebauer, Liam	Central Coll 28.29m
---	Locke, Omarr	Clarke FOUL
---	Addison, Myrhone	William Penn FOUL
---	Long, Alex	Truman FOUL
---	Evans, William	Iowa Central FOUL
---	Berry, Burke	Iowa Central FOUL
---	Hemmings, Rajay	Iowa Western FOUL
---	Williams, Brody	Cornell Coll FOUL
---	Mouaki, Akram	Iowa Central FOUL
---	Stoecker, Sam	Central Coll FOUL

## Event 4 Women Discus Throw

## Top 9 to Finals

## Following Men's Discus

Name	School	Finals
<b>Finals</b>		
1	Rosvold, Betty	Iowa State 46.92m
2	Joens, Emma	Northern Iow 44.47m
3	Hackman, Breanna	Northern Iow 43.44m
4	Burt, Phoebe	William Penn 43.42m
5	Lachacz, Kileigh	Northern Iow 43.00m
6	Strotman, Katie	Iowa State 42.53m
7	Kounkel, Lauren	Northern Iow 42.08m
8	Heffron, Ciara	Northern Iow 39.86m
9	Maeder, Cora	Waldorf 39.40m
10	Miller, Carolyn	Grand View 37.14m
11	Hibbert, Lovely	Iowa Western 36.47m
12	Works, Ashlynn	Grand View 36.45m
13	Swaby, Breanna	North Iowa A 35.85m
14	Merrill, Olivia	Simpson (Iow 34.58m
15	Wynglarz, Kaydence	Graceland 33.90m
16	Buscher, Kayla	North Iowa A 33.87m
17	Howard, Malia	Iowa Western 33.40m
18	Gallick, Audra	Loras 32.50m
19	Leonard, Malori	Graceland 32.48m
20	Galowitz, Kylie	Grinnell 32.42m
21	Smith, Bridgette	Loras 32.34m
22	Stanley, Christina	Truman 31.58m
22	Zimdars, Destiny	Truman 31.58m
24	Harris, Emily	Truman 31.51m
25	Horsfall, Abby	Loras 31.32m
26	Hopgood, Faith	Culver-Stock 31.15m
27	Seedorff, Eve	Waldorf 30.30m
28	Repinski, Lexi	Saint Mary's 30.25m
29	Fulks, Isabella	William Penn 30.01m
30	Staton, Kara-Jean	Southwestern 29.53m
31	Carter, Jasmine	Culver-Stock 29.49m
32	Brandt, Hannah	Grand View 29.19m
33	Buehrle, Mya	Culver-Stock 28.26m
34	Albert, Cynthia	Iowa Central 27.87m
35	Hoffarth, Ellie	Saint Mary's 27.65m
36	Cummins, Anna	Luther 27.33m
37	Ray, Ella	Simpson (Iow 27.29m
38	Berg, Maddy	Simpson (Iow 26.20m
39	Tichy, Ava	Simpson (Iow 24.95m
40	Spieler, Kayla	Truman 24.82m
41	Van Der Molen, Sadie	Faith Baptis 24.18m
---	Penn, Jordan	Central Coll FOUL
---	Colton-Spearman, Kiara	North Iowa A FOUL



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## Results

## Event 5 Women Javelin Throw

## Top 9 to Finals

Name	School	Finals
<b>Finals</b>		
1 Matthews, Isabelle	Clarke	39.32m
2 Stephens, Katy	Northern Iow	38.78m
3 Schwartzman, Juniper	Grinnell	36.22m
4 Bohlen, Olivia	Central Coll	35.40m
5 Austin, Sage	Central Coll	33.06m
6 Crannell, Makayla	Northern Iow	32.61m
7 Rains, Adysain	Graceland	32.60m
8 Perry, Joey	Northern Iow	31.97m
9 Greeley, Shayla	Central Coll	31.88m
10 Testerman, Grace	Graceland	28.60m
11 Drake, Kinsey	Central Coll	28.21m
12 Ryan, Reese	Clarke	28.13m
13 Maeder, Cora	Waldorf	26.27m
14 Leonard, Malori	Graceland	25.79m
15 Hand, Katy	Northern Iow	25.74m
16 Parrott, Anna	Simpson (Iow	25.53m
17 Simon, Sophie	Simpson (Iow	24.74m
18 Hilton, Marli	Southwestern	24.72m
19 Mulhall, Madison	Waldorf	24.61m
20 Mooney, Abigail	Culver-Stock	23.11m
21 Spaur, Reece	Central Coll	22.34m
22 Simmer, Claudia	Graceland	21.02m
23 Van Berkum, Nona	Central Coll	20.36m
24 Colton-Spearman, Kiara	North Iowa A	20.33m
25 Durlfing, Abby	North Iowa A	15.59m

## Event 6 Men Javelin Throw

## Top 9 to Finals

## Following Women's Javelin

Name	School	Finals
<b>Finals</b>		
1 Becker, Kole	Iowa State	58.43m
2 Miller, Grant	Central Coll	54.06m
3 Hobart, Kale	Central Coll	53.92m
4 Spurgeon, Cooper	Iowa State	51.89m
5 Morris, Ethan	Truman	51.26m
6 Hayes, Aidan	Truman	51.21m
7 Morton, Carter	Northern Iow	51.05m
8 Hardin, Tye	Northern Iow	50.95m
9 Locke, Omarr	Clarke	48.17m
10 Buch, Colin	Northern Iow	46.93m
11 Rheingans, Tristan	Iowa State	46.87m
12 Enerson, Ryan	Unattached	45.95m
13 LaFleur, Jeremiah	Central Coll	45.75m
14 Gabriel, Grant	Truman	45.21m
15 Mallett, Drew	Culver-Stock	44.97m
16 Lovell, Brody	Northern Iow	44.35m

17 Smith, Gavin	Central Coll	44.34m
18 Vokoun, Lane	Central Coll	43.54m
19 Galloway, Troy	Simpson (Iow	42.87m
20 Brice, Luke	Culver-Stock	40.64m
21 Rucker, Deshawn	Clarke	38.95m
22 Brennan, Oleg	Grinnell	38.84m
23 Maxwell, Zane	Grinnell	38.77m
24 Cooke, Cooper	Central Coll	38.71m
25 Dierking, Tate	Simpson (Iow	38.62m
26 Rapue, Gabe	Simpson (Iow	38.50m
27 Zaprianov, Nick	Clarke	38.27m
28 Huyser, Gage	Central Coll	37.65m
29 Delaney, Cole	Grinnell	37.06m
30 Robey, James	Waldorf	36.59m
31 Pote, Landon	Central Coll	35.10m
32 Miner, Brooks	Waldorf	34.28m
33 Pennington, Gavin	Central Coll	34.00m
34 Williams, Jaleel	Simpson (Iow	32.77m
35 Manuotalaha, Penisimani	Waldorf	30.53m
36 McDonnell, Kristian	Grand View	27.41m
37 Bales, Jace	Culver-Stock	27.09m

## Event 7 Men Long Jump

## Top 9 to Finals

Name	School	Finals
<b>Finals</b>		
1 Codling, Xavier	North Iowa A	7.32m 2.6
2 Angus, Aldaine	North Iowa A	7.31m 3.2
3 Rice, John	Iowa State	7.17m 2.3
4 Jackson, Jerome	Iowa Western	7.15m 2.7
5 Gleason, Justin	Iowa State	7.07m 3.7
6 Harris, Kahuan	North Iowa A	7.02m 1.8
7 Pour, T.Y.	Northern Iow	6.98m 2.6
8 Tomko, Owen	Central Coll	6.96m 2.2
9 Quiah, Lance	Iowa Central	6.75m 0.4
10 Kizer, Ja'Kobe	Clarke	6.63m 3.5
11 Winn, Marciano	Iowa Western	6.62m 1.8
11 Cooper, Cade	Faith Baptis	6.62m 1.8
13 Wilson, Taj	Iowa Western	6.55m 2.8
14 Jordan, Austin	Faith Baptis	6.54m 1.3
15 Knowles, Nicholas	William Penn	6.49m 1.9
16 Hays, Easton	Buena Vista	6.45m 2.2
17 Spears, Kevin	Indian Hills	6.43m 0.6
18 Zaprianov, Nick	Clarke	6.33m 1.9
19 Allah, Amir	Iowa Western	6.29m 3.8
20 Hedrick, Jonathan	NW Missouri	6.27m 2.2
20 Kille, Javon	North Iowa A	6.27m 1.8
22 Lefevre, Alan	Iowa Central	6.26m 2.8
23 Ewing, Brogan	Simpson (Iow	6.23m 2.2
24 Miller, Jesse	Grinnell	6.16m 2.8
25 Rucker, Deshawn	Clarke	6.14m 2.3
26 Leonard, Ryan	Hawkeye CC	6.13m 1.8



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## Finals ... (Event 7 Men Long Jump)

Name	School	Finals
27 Christensen, Jess	Grinnell	6.12m 3.0
27 Ahmed, Ahmed	Iowa Western	6.12m 3.7
29 Holt, Osmond	Iowa Central	6.01m 0.9
30 Zweibahmer, Kaden	Buena Vista	5.98m 1.7
31 Wilkerson, Timothy	Iowa Central	5.96m 3.2
31 Duffy, John	Waldorf	5.96m 4.4
33 Brown, Donte	Waldorf	5.91m 1.8
34 Giadyu, Paul	Iowa Western	5.85m 1.9
35 Molina, Esteban	Waldorf	5.66m 2.0
36 Johnson, Nicholas	Iowa Western	5.63m 3.2
37 Juma, Ahmed	Iowa Central	5.51m 2.2
38 Durham, Tyson	Iowa Central	5.47m 1.0
39 Perkins, Jackson	Saint Mary's	5.29m 1.3
40 Cooley, Robert	Iowa Central	4.94m 3.0
--- Lamar, Dayton	Indian Hills	FOUL

29 Kieffer, Hailey Saint Mary's 4.13m 3.7

## Event 8 Women Long Jump

## Top 9 to Finals

## Following Men's Long Jump

Name	School	Finals
<b>Finals</b>		
1 Dawes, Janae	Iowa Central	5.88m 2.9
2 Dunbar, Josey	Northern Iow	5.84m 1.8
3 Warnke, Karlee	Central Coll	5.77m 3.4
4 Walker, Maleah	Northern Iow	5.67m 2.6
5 Redmond, Unique	Indian Hills	5.51m 3.6
6 Shields, Nickiya	Iowa Western	5.41m 2.5
7 Hearting, Hailey	Buena Vista	5.32m 3.6
8 Lueck, Emma	Simpson (Iow	5.31m 3.1
9 Moore, Vada	Truman	5.30m 3.1
10 Cooper, Emma	Simpson (Iow	5.27m 4.5
11 Parrott, Anna	Simpson (Iow	5.21m 2.1
12 Seehase, Calli	Simpson (Iow	5.18m 2.8
13 Landers, Rajanea	Grinnell	5.11m 3.8
14 Wirth, Annie	Unattached	5.09m 3.8
15 Mitchell, Kaylin	Grand View	4.99m 4.8
16 Mayo, Lily	Grinnell	4.96m 1.7
17 Kama Kama, Steph	Grinnell	4.86m 2.6
18 Vomacka, Brooklyn	Iowa Western	4.84m 2.8
19 Mills, Ava	Buena Vista	4.83m 4.4
19 Akin, Gabby	Simpson (Iow	4.83m 2.7
21 Hadley, Rosie	Iowa Western	4.59m 2.2
22 Ries, Mollie	Central Coll	4.58m 2.2
23 Leisure, Madison	Central Coll	4.54m 4.3
24 Hall, Maddy	Truman	4.51m 1.8
25 Dostal, Ameryn	Saint Mary's	4.44m 1.8
26 Harrell, Janelle	William Penn	4.41m 3.1
27 Gonzalez, Kaiya	Grand View	4.36m 2.2
28 Wierson, Chloe	Simpson (Iow	4.26m 2.8



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## Results

29	Simmons, Kamarin	Southwestern	4.13m	2.6
31	Barringer, Leah	Grinnell	3.99m	3.6

## Event 9 Women Triple Jump

## Top 9 to Finals

Name	School	Finals
<b>Finals</b>		
1	Maricle, Soren	Northern Iow 12.96m 2.4
2	Redmond, Unique	Indian Hills 10.66m 3.5
3	Dostal, Ameryn	Saint Mary's 10.36m 1.2
4	Landers, Rajanea	Grinnell 9.98m 2.2
5	Solano, Kate	Grinnell 9.76m 1.2
5	Wirges, Codie	Faith Baptis 9.76m 2.1
7	Derboven, Raegan	Truman 9.67m 3.1
8	Van Berkum, Nona	Central Coll 9.05m 3.7
9	Hodge, Maya	Cornell Coll 8.75m 1.4
---	Kelly, Kirsten	Grinnell FOUL
---	Derboven, Hailey	Truman FOUL

## Event 10 Men Triple Jump

## Top 9 to Finals

## Following Women's LJ

Name	School	Finals
<b>Finals</b>		
1	Knowles, Nicholas	William Penn 14.49m 5.1
2	Parker II, David	NW Missouri 13.94m 3.4
3	Kizer, Ja'Kobe	Clarke 13.87m 3.0
4	Hosnyang, Wichiang	Iowa Western 13.56m 1.5
5	Kille, Javon	North Iowa A 13.53m 4.7
6	Quiah, Lance	Iowa Central 13.39m 2.7
7	King, Khaliq	Iowa Western 13.33m 1.5
8	Hedrick, Jonathan	NW Missouri 13.16m 2.3
9	Ahmed, Ahmed	Iowa Western 13.02m 2.9
10	Armah - Amissah, Gideon	Luther 12.95m 2.3
11	Wilson, Taj	Iowa Western 12.91m 4.0
12	Jackson, Avant	Waldorf 12.56m 1.5
13	Dykstra, Murphy	Grinnell 12.53m 3.5
14	Miller, Joshua	North Iowa A 12.26m 2.0
15	Kiser, Ty	Culver-Stock 11.95m 1.0
16	Perkins, Jackson	Saint Mary's 11.72m 2.4
---	Joseph, Zyheir	Waldorf FOUL
---	Spears, Kevin	Indian Hills FOUL
---	Lamar, Dayton	Indian Hills FOUL

## Event 11 Women High Jump

1.35,1.40,1.45,1.50,1.55,1.60,1.65

Name	School	Finals
<b>Finals</b>		
1	Carolan, Hailey	Cornell Coll 1.60m
2	Ryan, Reese	Clarke 1.50m
2	Novel, Taegen	Truman 1.50m
4	Mooney, Abigail	Culver-Stock 1.45m

## Finals ... (Event 11 Women High Jump)

Name	School	Finals
4	Mills, Ava	Buena Vista 1.45m
4	Dahlquist, Ramey	Central Coll 1.45m
4	Larson, Jessica	Central Coll 1.45m
4	Van Berkum, Nona	Central Coll 1.45m
9	Mayo, Lily	Grinnell 1.40m
9	Brown, Cloe	Southwestern 1.40m
9	Gonzalez, Kaiya	Grand View 1.40m
9	Kelly, Kirsten	Grinnell 1.40m
13	Simmons, Kamarin	Southwestern 1.25m
---	Hodge, Maya	Cornell Coll NH
---	Kama Kama, Steph	Grinnell NH

## Event 12 Men High Jump

1.71,1.76,1.81,1.86,1.91,1.96,2.01,2.06

## Following Women's High Jump

Name	School	Finals
<b>Finals</b>		
1	Miller, Triston	Unattached 2.14m
2	Bunde, Lance	Central Coll 2.06m
3	Harris, Kahuan	North Iowa A 2.01m
3	Lopez, Angel	Iowa Western 2.01m
3	Meyer, Gunner	Central Coll 2.01m
3	Rainey-Dunlap, Jeremiah	NW Missouri 2.01m
7	King, Khaliq	Iowa Western 1.91m
7	Ford, Owen	Luther 1.91m
7	Anderson, August	Iowa Western 1.91m
10	Braun, Lucas	Simpson (Iow 1.86m
10	McMullin, Max	Truman 1.86m
10	Adams, Daniel	Northern Iow 1.86m
10	Saine, Ousman	Indian Hills 1.86m
10	Claussen-Tubbs, Ike	Cornell Coll 1.86m
10	Armah - Amissah, Gideon	Luther 1.86m
16	Hines, Micah	Southwestern 1.81m
16	Kusel, Ross	Central Coll 1.81m
16	Martin, Owen	Southwestern 1.81m
16	Davis, DeLawrence	William Penn 1.81m
16	Miller, Joshua	North Iowa A 1.81m
16	Smith, Michai	Waldorf 1.81m
22	Brown, Donte	Waldorf 1.76m
---	Rheingans, Tristan	Iowa State NH
---	Spurgeon, Cooper	Iowa State NH
---	Amina, Johny	Simpson (Iow NH
---	Claire, Ethan	Luther NH

## Event 13 Men Pole Vault

2.65,2.80,2.95,3.10,3.25,3.40,3.55,3.70,3.85,4.00

Name	School	Finals
<b>Finals</b>		
1	Long, Hayden	Truman 4.00m
2	Walch, Nick	Buena Vista J4.00m



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3	Pote, Landon	Central Coll	J4.00m
4	Israel, Caden	Graceland	3.85m
4	Enerson, Ryan	Unattached	3.85m
4	Zaprianov, Nick	Clarke	3.85m
7	Mallett, Drew	Culver-Stock	3.70m
8	Petersen, Jeret	Simpson (Iow	J3.70m
9	Fuess, Nick	Truman	3.25m
10	Pike, Gavin	Truman	3.10m
11	Vokoun, Lane	Central Coll	2.95m
---	Lawler, Gus	Truman	NH
---	Keene, Hunter	Truman	NH

## Event 14 Women Pole Vault

2.47,2.62,2.77,2.92,3.07,3.22,3.37,3.52,3.67,3.82

## Following Men's Pole Vault

Name	School	Finals	
<b>Finals</b>			
1	Miner, Erica	Northern Iow	3.52m
2	Scott, Sydnee	Northern Iow	3.37m
3	Howard, Leah	Central Coll	J3.37m
4	Silvestri, Alivia	Unattached	J3.37m
5	Gin, Xara	Saint Mary's	3.22m
6	Fulgencio, Ambar	Graceland	3.07m
7	Squires, Grace	Clarke	J3.07m
8	Meyer, Kylie	Central Coll	2.92m
9	Duncan, Brooklyn	Central Coll	J2.92m
10	Mooney, Abigail	Culver-Stock	2.62m
---	Winder, Addy	Truman	NH
---	Arnold, Keara	Clarke	NH
---	Zeinemann, Annalise	Northern Iow	NH

## Event 15 Men Shot Put

Name	School	Finals	
<b>Finals</b>			
1	Lienau, Carson	Northern Iow	17.79m
2	Leandro de Sousa, Arthur	Iowa Western	17.05m
3	Mouaki, Akram	Iowa Central	16.96m
4	Wash, Tory	Northern Iow	16.76m
5	Alberts, Angus	Iowa Central	16.51m
6	Hemmings, Rajay	Iowa Western	16.47m
6	King, Hanson	Iowa State	16.47m
8	West, Xzavion	William Penn	16.07m
9	Jackson, DreAnthony	Loras	16.00m
10	Demsey, Nolan	Northern Iow	15.10m
11	McNeil, Michael	Iowa Central	15.01m
12	Davis, Tyler	Truman	14.69m
13	Stockdale, Haydn	Iowa Central	14.62m
13	Givens, Carl	Iowa Central	14.62m
15	McKim, Justin	Truman	14.61m
16	Long, Alex	Truman	14.55m
17	Souvongsavath, David	Simpson (Iow	14.12m
18	Yao, Cooper	Waldorf	13.35m

## Finals ... (Event 15 Men Shot Put)

Name	School	Finals	
19	LaFleur, Jeremiah	Central Coll	12.98m
20	Davenport, Darius	Grand View	12.58m
21	Darrow, Xavier	Central Coll	12.57m
22	Mistlebauer, Liam	Central Coll	12.45m
23	Morris, Ethan	Truman	12.39m
23	Caplan, Tristan	Waldorf	12.39m
25	Sween, Rowan	Saint Mary's	12.07m
26	Bueso, Tomas	Grand View	11.84m
26	Arthur, Marcus	Waldorf	11.84m
28	Amerison-Smith, Jayron	Luther	11.79m
29	Hass, Luke	Graceland	11.76m
30	Alhussaini, Elijah	Grand View	11.63m
31	Figo, Jackson	Truman	11.47m
32	Akins, Luke	Faith Baptis	11.44m
33	Leopoldo, Caleb	Grinnell	11.26m
34	Brumley, Hunter	Graceland	11.18m
35	Dahl, Joseph	Luther	11.14m
35	Bektic, Eddie	Grand View	11.14m
37	Hanson, Jared	Luther	10.96m
38	Dost, Ted	Loras	10.78m
39	Denham, Zach	Simpson (Iow	10.73m
40	Lopez, Isaiah	Cornell Coll	10.59m
41	McNemar, Cole	Southwestern	10.51m
42	Cooley, Robert	Iowa Central	10.39m
43	Vigil, Frankie	Graceland	10.14m
44	Knox, Tucker	Southwestern	10.07m
45	Nelson, Braxton	Loras	9.12m

## Event 16 Women Shot Put

Name	School	Finals	
<b>Finals</b>			
1	Lorence, Brylie	Northern Iow	13.89m
2	Hackman, Breanna	Northern Iow	13.69m
3	Miller, Carolyn	Grand View	12.67m
4	Cox, Caitlyn	Loras	12.66m
5	Merrill, Olivia	Simpson (Iow	12.36m
6	Burt, Phoebe	William Penn	11.76m
7	Lundvall, Julianne	Luther	11.54m
8	Newton, Amanda	Graceland	11.41m
9	Schermerhorn, Payton	Buena Vista	11.38m
10	Works, Ashlynn	Grand View	11.13m
11	Vandemark, Kady	Graceland	11.09m
12	Bohlen, Olivia	Central Coll	11.01m
13	Kling, Hannah	Graceland	10.90m
14	Brown, Addy	Truman	10.85m
15	Talcott, Camryn	Graceland	10.66m
16	Leroy, Laurie	Truman	10.29m
17	Thomas, Kiara	Waldorf	9.86m
18	Ohnemus, Olyvia	Graceland	9.37m
19	Costello, Katie	Faith Baptis	9.35m



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20	Carter, Jasmine	Culver-Stock	9.17m
21	Repinski, Lexi	Saint Mary's	9.16m
22	Schei, Isabella	Saint Mary's	8.89m
23	Graciano, Emily	Cornell Coll	8.87m
24	Cummins, Anna	Luther	8.81m
25	Alvarez, Suzette	Saint Mary's	8.80m
25	Mayo, Lily	Grinnell	8.80m
27	Penn, Jordan	Central Coll	8.40m
28	Cunningham, Maddie	Grand View	8.28m
29	Kieffer, Hailey	Saint Mary's	8.18m
30	Exline, Allyson	Graceland	8.17m
31	Anderson, Lilly	Loras	8.11m
32	Mooney, Abigail	Culver-Stock	7.86m
33	Garcia, Olivia	Luther	7.63m

## Event 17 Men 110 Meter Hurdles

## Top 8 Times Qualify to Finals

Name	School	Prelims
<b>Preliminaries</b>		
1	Meyer, Gunner	Central Coll 13.71q 3.5
2	Miller, Triston	Unattached 13.99q 3.5
3	Accola, Carter	Northern Iow 14.28q 3.5
4	Alexandre, Yverson	Indian Hills 14.63q 3.5
5	Cooley, Robert	Iowa Central 14.75q 3.5
6	Enerson, Ryan	Unattached 15.10q 2.7
7	Nelson, Zeke	Central Coll 15.22q 2.7
8	Rheingans, Tristan	Iowa State 15.25q 1.6
9	Hogrefe, Ashton	Northern Iow 15.28 1.6
10	Hayes, Jeovanni	Grand View 15.32 2.7
11	Kamara, Joseph	Iowa Central 15.33 1.6
12	Joar, Gateel	Iowa Central 15.37 2.7
13	Cooke, Cooper	Central Coll 15.43 1.6
14	Miller, Grant	Central Coll 15.47 3.5
15	Lefevre, Alan	Iowa Central 15.67 2.7
16	Spurgeon, Cooper	Iowa State 15.70 1.6
17	Buch, Colin	Northern Iow 15.83 1.6
18	Sayee, Rouce	Simpson (Iow 15.87 1.6
19	Holt, Osmond	Iowa Central 15.88 1.6
20	Wilkerson, Timothy	Iowa Central 16.02 1.6
21	Lovell, Brody	Northern Iow 16.05 2.7
22	Rainsbarger, Logan	Simpson (Iow 16.30 1.3
23	Adam, Dylan	Cornell Coll 16.82 1.3
24	Mallett, Drew	Culver-Stock 16.87 2.7
25	Addison, Marhon	Clarke 17.06 1.3
26	Leonard, Ryan	Hawkeye CC 17.17 1.6
27	Storm, Kaisen	Simpson (Iow 17.29 1.3
28	Schomberg, Jacob	Grinnell 17.50 1.6
28	Herek, Casey	Luther 17.50 1.3
30	Miller, Keaton	Saint Mary's 18.25 1.3
31	Kiser, Eli	Culver-Stock 21.28 1.6
---	Leisher, Ilem	Grinnell FS 1.6

## Preliminaries ... (Event 17 Men 110 Meter Hurdles)

Name	School	Prelims
---	Riggins, Vashon	NW Missouri DNF 1.6

## Event 17 Men 110 Meter Hurdles

## Top 8 Times Qualify to Finals

Name	School	Finals
<b>Finals</b>		
1	Meyer, Gunner	Central Coll 13.87 3.0
2	Alexandre, Yverson	Indian Hills 14.21 3.0
3	Miller, Triston	Unattached 14.23 3.0
4	Accola, Carter	Northern Iow 14.35 3.0
5	Cooley, Robert	Iowa Central 14.53 3.0
6	Enerson, Ryan	Unattached 14.99 3.0
7	Rheingans, Tristan	Iowa State 15.00 3.0
8	Nelson, Zeke	Central Coll 15.84 3.0

## Event 18 Women 100 Meter Hurdles

## Top 8 Times Qualify to Finals

Name	School	Prelims
<b>Preliminaries</b>		
1	Stephens, Katy	Northern Iow 14.17q 1.8
2	Perry, Joey	Northern Iow 14.24q 1.8
3	Kramer, Olivia	Northern Iow 14.50q 1.8
4	Carder, Anjelena	NW Missouri 14.77q 1.8
5	Terpstra, Addisyn	Grand View 15.05q 1.8
6	Paup, Paige	Northern Iow 15.12q 1.8
7	Hand, Katy	Northern Iow 15.27q 1.8
8	Wirth, Annie	Unattached 15.37q 1.8
9	Wells-Stout, Emmalee	William Penn 15.94 1.8
10	Redenius, Mara	Central Coll 16.02 2.3
11	Quang, Hannah	Clarke 16.14 2.5
12	DeVault, Maddax	Simpson (Iow 16.24 1.8
13	Akin, Gabby	Simpson (Iow 16.29 2.5
14	Colton-Spearman, Kiara	North Iowa A 16.32 2.5
15	Goodman, Jessie	Grinnell 16.54 1.2
16	Crannell, Makayla	Northern Iow 16.65 1.8
17	Wierson, Chloe	Simpson (Iow 16.69 1.2
18	Jorgensen, Anya	Central Coll 16.71 2.5
19	Hearting, Hailey	Buena Vista 16.77 2.3
20	Smith, Elise	Grand View 16.81 1.8
21	Talbert, Cora	Cornell Coll 17.12 1.8
22	Downey, Sully	Simpson (Iow 17.13 2.3
23	Hoffman, Anna	Buena Vista 17.16 2.5
24	Davis, Paige	Central Coll 17.24 1.8
25	Mayo, Lily	Grinnell 17.84 2.5
26	Mooney, Abigail	Culver-Stock 18.00 1.2
27	Stewart, Layonna	Southeastern 18.01 2.3
28	Mitchell, Kaylin	Grand View 18.05 1.2
29	Pearson, Sierra	Faith Baptis 18.08 1.2
30	Gonzalez, Kaiya	Grand View 18.93 1.2



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## Results

31	Mulhall, Madison	Waldorf	19.04	1.8
32	Durflinger, Abby	North Iowa A	19.53	2.3
33	Denton, Chloe	Simpson (Iow	20.17	2.5
---	King, Sydney	Simpson (Iow	DQ	2.5

## Event 18 Women 100 Meter Hurdles

## Top 8 Times Qualify to Finals

Name	School	Finals
<b>Finals</b>		
1	Perry, Joey	Northern Iow 13.99 4.0
2	Stephens, Katy	Northern Iow 14.03 4.0
3	Terpstra, Addisyn	Grand View 14.24 4.0
4	Kramer, Olivia	Northern Iow 14.48 4.0
5	Paup, Paige	Northern Iow 15.02 4.0
6	Hand, Katy	Northern Iow 15.36 4.0

## Event 19 Men 100 Meter Dash

## Top 8 Times Qualify to Finals

Name	School	Prelims
<b>Preliminaries</b>		
1	Cannon, Joseph	Indian Hills 10.29q 3.3
2	Sickerson, Tyler	Northern Iow 10.50q 3.3
3	Nevitt, Luke	Northern Iow 10.52q 3.3
4	Ebensteiner, Dominic	Iowa Central 10.56q 2.1
5	Hoskins, Tarelle	Hawkeye CC 10.58q 3.1
6	Codling, Xavier	North Iowa A 10.64q 3.7
7	Bates, Isaiah	NW Missouri 10.70q 2.1
8	Forkpa, Jimelle	Grand View 10.75q 1.9
9	Howard, Brandon	Truman 10.75 2.1
10	Angus, Aldaine	North Iowa A 10.77 3.3
11	Cramer, Ryan	Saint Mary's 10.79 2.1
12	Taylor, Brice	Graceland 10.81 3.7
13	Beaty, Hadley	Cornell Coll 10.84 2.1
14	Jackson, Jerome	Iowa Western 10.85 1.6
15	Moen, Alan	Iowa Central 10.87 3.7
16	Huseman, Bradey	Clarke 10.88 2.8
17	Etherington, Jake	Clarke 10.90 2.1
17	Emgarten, Cash	NW Missouri 10.90 2.8
19	Sams, Joseph	Simpson (Iow 10.90 3.3
20	Meyers, Carter	Northern Iow 10.93 2.8
21	Bishop, Tyjah	North Iowa A 10.94 2.5
22	Batiste, Grant	Northern Iow 10.95 2.1
23	McDonald, Tamarius	North Iowa A 10.96 2.5
24	Jean, Tael	Graceland 10.98 3.7
25	Moore, Tariq	Hawkeye CC 10.99 1.6
26	Johnson, Jrakke	Simpson (Iow 11.00 1.9
27	Hays, Easton	Buena Vista 11.00 2.3
28	Grzelewski, Eli	Grinnell 11.01 1.9
29	Gruver, Quinn	NW Missouri 11.01 3.7
30	Pfister, Caden	Grinnell 11.03 2.9
30	Hanson, Jared	Luther 11.03 2.3

## Preliminaries ... (Event 19 Men 100 Meter Dash)

Name	School	Prelims
32	Doyle, Ayden	Southeastern 11.05 3.3
33	Monday, Kaeden	Graceland 11.06 2.8
34	Becker, Kole	Iowa State 11.07 2.3
35	Hernandez, Dalles	Cornell Coll 11.08 2.3
36	Hatch, Gage	Saint Mary's 11.09 2.5
37	Klein, Easton	Simpson (Iow 11.10 3.1
38	Robbins-Hall, Travaughn	William Penn 11.11 3.7
39	Keene, Hunter	Truman 11.11 2.5
40	Miller, Jesse	Grinnell 11.12 2.8
41	Christensen, Jess	Grinnell 11.16 3.1
42	Kritsberg, Ben	Saint Mary's 11.16 2.8
43	O'Brien, Linus	Grinnell 11.22 2.5
43	Warren, Jake	Grinnell 11.22 1.9
45	Jung, Jinwoo	Saint Mary's 11.25 2.8
46	Townsend, Jchaun	Simpson (Iow 11.26 1.9
47	Norman, Trevor	Truman 11.27 2.3
48	Riehle, Austyn	Luther 11.28 3.7
49	Logue, Jake	Grinnell 11.29 2.1
50	Byre, Kasin	North Iowa A 11.30 2.1
51	Seeman, James	Central Coll 11.31 2.5
52	Moquin, Bryce	Buena Vista 11.31 1.6
53	Santiago, Shaymus	Simpson (Iow 11.32 1.9
54	Dingley, Adam	Iowa Western 11.34 2.1
55	Tavegia, Jackson	Central Coll 11.35 2.3
56	Moreland, Navon	Iowa Central 11.36 2.9
57	Walker, Elias	Graceland 11.36 2.3
58	Birch, Jacob	Central Coll 11.39 1.6
59	Rathburn, Justin	Grinnell 11.39 2.3
60	Gilbert-Binder, Ben	Simpson (Iow 11.39 3.1
61	Holmes, Jermaine	Iowa Central 11.40 2.8
62	Eisenberg, David	Grinnell 11.41 2.5
63	Fitzgerald, Keaton	Grinnell 11.44 3.7
64	Fox, Eli	Simpson (Iow 11.46 1.9
65	Bogan, Mason	North Iowa A 11.47 2.0
66	Allah, Amir	Iowa Western 11.49 2.0
67	Glessner, Clay	Grinnell 11.50 2.9
68	Kelley, Quentin	Grinnell 11.52 2.5
69	Bailey, Avion	Central Coll 11.53 1.6
70	Schupp, Curtis	Saint Mary's 11.55 2.5
71	Williams, JonKing	Southeastern 11.55 2.0
72	Addisu, Simon	Iowa Western 11.57 1.6
73	Hein, Grant	William Penn 11.57 2.9
74	Mulkins, Jackson	Buena Vista 11.58 2.5
75	Jackson, Avant	Waldorf 11.59 3.1
76	Losee, Freddy	North Iowa A 11.59 3.1
77	Zweibahmer, Kaden	Buena Vista 11.59 2.1
78	Reed, Jack	Grinnell 11.60 2.5
79	Davis, Justin	Buena Vista 11.61 1.6
80	Bothun, Tiegan	Grand View 11.64 2.9



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## Results

81	Durham, Tyson	Iowa Central	11.66	2.9	82	Lee, Jay	Simpson (Iow	11.69	2.5
					83	Giadyu, Paul	Iowa Western	11.69	1.6
					84	Pike, Gavin	Truman	11.77	1.6
					85	Araoz, Daniel	Saint Mary's	11.79	2.1
					86	Birri, Robay	Waldorf	11.80	2.5
					87	Juma, Ahmed	Iowa Central	11.81	2.5
					88	Jones, Jameson	Faith Baptis	11.82	1.6
					89	Kiser, Ty	Culver-Stock	11.85	2.9
					90	Herek, Casey	Luther	11.87	2.5
					91	Duckwitz, Mebratu	Iowa Central	11.99	1.6
					92	Ewurs, Chayton	Waldorf	12.01	2.9
					93	Dunbar, Elijah	Graceland	12.11	2.0
					94	Duffy, John	Waldorf	12.13	1.6
					95	Barnes, Khairy	Grinnell	12.14	1.6
					96	Larsen, Ethan	Grand View	12.26	2.0
					97	Storm, Kaisen	Simpson (Iow	12.39	2.1
					98	Pettigrew, Zakiah	Iowa Central	12.70	1.6
					99	Kunz, Jordan	Central Coll	12.88	1.6
					100	Minnix, Andrew	Culver-Stock	13.24	1.6
					101	Cygan, Mason	Culver-Stock	13.64	2.1
					102	Vangilder, Kegan	Iowa Central	15.04	1.6

## Event 19 Men 100 Meter Dash

## Top 8 Times Qualify to Finals

	Name	School	Finals
<b>Finals</b>			
1	Cannon, Joseph	Indian Hills	10.43 3.3
2	Ebensteiner, Dominic	Iowa Central	10.48 3.3
3	Sickerson, Tyler	Northern Iow	10.52 3.3
4	Nevitt, Luke	Northern Iow	10.59 3.3
5	Hoskins, Tarelle	Hawkeye CC	10.64 3.3
6	Codling, Xavier	North Iowa A	10.66 3.3
7	Forkpa, Jimelle	Grand View	10.95 3.3

## Event 20 Women 100 Meter Dash

## Top 8 Times Qualify to Finals

	Name	School	Prelims
<b>Preliminaries</b>			
1	Grimes, Giada	Northern Iow	12.15q 2.2
2	Wilson, Brianna	Iowa Central	12.16q 2.1
3	Kyne, Jessica	Northern Iow	12.17q 2.1
4	Wiltshire, Romancia	North Iowa A	12.18q 2.1
5	Butcher, Lyric	Iowa Western	12.20q 2.3
6	Cooper, Emma	Simpson (Iow	12.24q 2.2
7	Crawford, Ja'Niya	Southeastern	12.26q 2.2
8	Zandy, Promise	Indian Hills	12.32q 2.1
9	Munson, Samantha	Saint Mary's	12.36 2.1
10	Russell, Asia	Indian Hills	12.36 2.1
11	Singleton, Eryianna	Northern Iow	12.42 2.1
12	Gustason, Mary	Central Coll	12.49 2.1
13	Ba, Absa	Iowa Western	12.50 2.3



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## Results

## Preliminaries ... (Event 20 Women 100 Meter Dash)

Name	School	Prelims
14 Karyee, Precious	Grand View	12.66 1.4
15 Walters, Brynn	Northern Iow	12.68 2.2
16 Moore, Molly	Simpson (Iow	12.73 2.2
17 Adam, Addison	North Iowa A	12.80 2.0
18 Swisher, Keelin	Grinnell	12.81 2.0
19 Joseph, Khalia	Southeastern	12.82 2.3
20 McDaniel, Aubrey	Simpson (Iow	12.83 2.2
21 Snoddy, Jon'Tazja	Iowa Western	12.83 2.0
22 Shields, Nickiya	Iowa Western	12.86 2.3
23 Ostert, Lilly	William Penn	12.87 2.0
24 Seehase, Calli	Simpson (Iow	12.93 2.0
25 Perez, Kaela	Truman	12.96 1.4
26 Saamanen, Joscelyn	Saint Mary's	12.99 2.3
27 Chapman, Abby	North Iowa A	12.99 2.3
28 Hernandez Hill, Rubi	Iowa Central	13.01 2.2
29 Thornburg, Jenna	Simpson (Iow	13.01 2.0
30 White, Caleigha	Waldorf	13.11 3.3
31 Middents, Nicole	Simpson (Iow	13.14 3.3
32 Redenius, Mara	Central Coll	13.15 2.3
33 Croy, Brynna	Grand View	13.15 3.3
34 Hadley, Rosie	Iowa Western	13.20 1.4
35 Davis, Paige	Central Coll	13.21 2.6
36 Munson, McKenzie	Saint Mary's	13.24 2.6
37 Torres, Alexa	Waldorf	13.25 2.6
38 Ackerman, Zoe	Simpson (Iow	13.30 3.3
39 Kubichka, Rachael	Saint Mary's	13.34 2.6
40 Tembo, Arina	Grand View	13.39 2.6
41 Guedeyi, Suzanne	North Iowa A	13.41 2.6
42 Matthews, Isabelle	Clarke	13.52 3.3
43 Solano, Kate	Grinnell	13.57 3.3
44 Kelly, Kirsten	Grinnell	13.62 1.2
45 Vradenburg, McKenzie	Truman	13.65 1.2
46 Costello, Katie	Faith Baptis	13.69 2.6
47 Clay, Ja'Mariah	Truman	13.79 1.4
48 Ries, Mollie	Central Coll	13.84 1.4
49 Spaur, Reece	Central Coll	13.85 3.3
50 Bear, Sia	Cornell Coll	13.89 3.3
51 Derboven, Raegan	Truman	13.95 1.4
52 Gerdes, Emma	Saint Mary's	13.97 1.2
53 Derboven, Hailey	Truman	13.97 2.3
54 Quesnell, Annie	Cornell Coll	14.01 1.2
55 Sullivan, Adri	Cornell Coll	14.07 1.4
56 Billings, Rayionah	Grand View	14.10 1.4
57 Jorgensen, Anya	Central Coll	14.27 2.3
58 Vomacka, Brooklyn	Iowa Western	14.48 2.3
59 Pearson, Sierra	Faith Baptis	14.50 1.2
60 Barringer, Leah	Grinnell	14.84 1.2
61 Almaraz, Samantha	Saint Mary's	14.99 2.3
62 Glenn, Nya	Graceland	15.41 2.3

63 Ovelar, Isis Grinnell 15.66 1.2



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## Results

64 Burke, Chrissie Graceland 16.76 2.3

## Event 20 Women 100 Meter Dash

## Top 8 Times Qualify to Finals

Name	School	Finals
<b>Finals</b>		
1 Wilson, Brianna	Iowa Central	11.89 3.3
2 Butcher, Lyric	Iowa Western	11.92 3.3
3 Zandy, Promise	Indian Hills	12.20 3.3
4 Kyne, Jessica	Northern Iow	12.21 3.3
5 Crawford, Ja'Niya	Southeastern	12.36 3.3
6 Grimes, Giada	Northern Iow	12.36 3.3
7 Cooper, Emma	Simpson (Iow	12.39 3.3

## Event 21 Women 3000 Meter Steeplechase

Name	School	Finals
<b>Finals</b>		
1 Ewusie, Elizabeth	Iowa Western	10:47.76
2 Hutchinson, Abbigail	Iowa Central	10:53.29
3 Curtis, Mya	Iowa Western	10:56.53
4 Knoche, Kaitlyn	St. Ambrose	11:10.74
5 Hartley, Mayson	NW Missouri	11:28.33
6 Ledgerwood, McKenna	Truman	11:51.37
7 Koonce, Tiffani	Indian Hills	11:51.41
8 Smith, Addy	St. Ambrose	11:53.99
9 Franco, Jaycie	Clarke	11:54.49
10 Johnson, Lauren	St. Ambrose	12:04.08
11 Kemp, Bridget	Truman	12:47.12
12 O'Connor, Marissa	Waldorf	12:54.28
13 Berry, Emma	Culver-Stock	13:25.20
14 Pepler, Erin	Culver-Stock	13:42.61

## Event 22 Men 3000 Meter Steeplechase

Name	School	Finals
<b>Finals</b>		
1 Miller, Andrew	William Penn	9:37.96
2 Kirwa, Brian	Iowa Central	9:42.59
3 Lucas, Logan	Culver-Stock	9:44.02
4 Meara, Nolan	Truman	9:59.44
5 Kiplagat, Emmanuel	Iowa Central	10:17.88
6 Huff, Gavin	William Penn	10:28.74
7 Springer, Carson	William Penn	10:32.71
8 Dorscher, Cody	Iowa Western	10:39.43
9 Webster, Corbin	Buena Vista	10:52.45
10 Kondos, Bryce	Clarke	11:04.29
11 Jedlicka, Max	Grinnell	11:32.25
12 Hahn, Dan	Truman	12:01.37
13 Ellwein, Jack	Grinnell	12:36.79

## Event 23 Women 3000 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Karow, Morgan	Grinnell	10:23.23
2 Ripley, Anna	Truman	10:26.64
3 Miller, Teah	Central Coll	10:27.47
4 Williams, Sarah	Truman	10:29.51
5 Stahr, Clare	Truman	10:35.06
6 Bontrager, Leah	Central Coll	10:46.55
7 Kruse, Annika	Central Coll	10:51.62
8 Yates, Kate	Truman	10:54.60
9 Mathes, Breanna	Truman	10:56.92
10 Little, Milar	Cornell Coll	11:00.60
11 Steinbron, Bekah	Central Coll	11:03.42
12 Doyle, Kate	Truman	11:05.20
13 Barringhaus, Addison	Truman	11:09.00
14 Wilson, Brynn	Central Coll	11:14.83
15 Doughan, Addie	Central Coll	11:16.17
16 Peesel, Zoe	Cornell Coll	11:17.63
17 Wiegand, Paetyn	Southeastern	11:17.90
18 Rye, Claire	William Penn	11:18.77
19 Primrose, Olivia	Central Coll	11:20.07
20 Fairlie, Gretchyn	Cornell Coll	11:22.20
21 Melchi, Kylie	Iowa Central	11:23.99
22 Barker, Kira	Central Coll	11:37.06
23 Barba, Diana	Grinnell	11:42.30
24 Chang, Julia	Grinnell	11:56.77
25 Titus, Kalli	Simpson (Iow	12:02.78
26 French, Ava	Simpson (Iow	12:03.10
27 Kieilty, Elizabeth	Central Coll	12:06.20
28 Ostroski, Mallory	William Penn	12:10.36
29 Charron, Grace	Grinnell	12:11.41
30 Sheeley, Ella	Central Coll	12:14.89
31 Holt-Frank, Rosalind	Grinnell	12:17.22
32 Nebel, Karston	Central Coll	12:24.78
33 Fairbanks, Jillian	Central Coll	12:28.39
34 Emerson, Lila	Grinnell	12:50.85
35 Wardell, Roselle	Hawkeye CC	13:23.26
36 Vincent, Ellie	Southeastern	13:50.69
37 Anderson, Claire	Southeastern	14:11.04
--- Olsen, Rylee	Southeastern	NT
--- Ritter, Kennedy	Southeastern	NT
--- Kemp, Bridget	Truman	NT
--- Franco, Jaycie	Clarke	NT
--- Ferneau, Chloe	Southeastern	NT
--- Ledgerwood, McKenna	Truman	NT

## Event 24 Men 3000 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Card, Donovan	Central Coll	8:50.16



**Central College Dutch Invitational 2026 - 3/28/2026**

**Ron and Joyce Schipper Stadium**

**Results**

2	Brant, James	Central Coll	8:54.29
3	Vander Werf, Austin	Central Coll	8:57.73
4	Gustafson, Ryan	Truman	9:04.74
5	DeCLEene, Ezra	Simpson (Iow	9:10.26
6	Lochner, David	Simpson (Iow	9:12.31
7	Snyder, Jacob	Truman	9:13.83
8	Hansen, Conner	Central Coll	9:14.41
9	Starlin, Dillon	Central Coll	9:20.28
10	Snyder, James	Grinnell	9:23.17
11	Chesnut, Ethen	Cornell Coll	9:24.31
12	Benbow, Jude	Simpson (Iow	9:25.61
13	Thunstedt, Taylor	Central Coll	9:26.27
14	Geffre, Isaiah	Southeastern	9:28.48
15	Back, Mason	Central Coll	9:30.32
16	Rathje, Justice	Central Coll	9:33.05
17	Roerdink, Xander	Central Coll	9:33.26
18	Vander Waal, Nathan	Central Coll	9:34.02
19	Mai, Easton	Cornell Coll	9:34.89
20	Shutwell, Cameron	Southeastern	9:35.80
21	Havel, Blayze	Southeastern	9:37.34
22	McNamee, Gannon	Simpson (Iow	9:37.40
23	Wiley, Luke	Cornell Coll	9:40.02
24	Edwards, Caden	Cornell Coll	9:42.07
25	Meyer, Ian	Central Coll	9:42.22
26	Voga, Evan	Central Coll	9:42.43
27	Thompson, Noah	Truman	9:44.64
28	McLeland, Cayden	Central Coll	9:45.19
29	Kessler, Brayden	Central Coll	9:47.98
30	Combs, Noah	Truman	9:49.23
31	Ghormley, Logan	Truman	9:49.28
32	Hadley, Gabe	Simpson (Iow	9:52.79
33	Hill, Ryan	Grinnell	9:56.04
34	Mahaffey, Andrew	Central Coll	9:56.11
35	Massey, Jackson	Grinnell	9:57.83
36	Estrada, Evan	Simpson (Iow	9:59.32
37	Moon, Tyler	Central Coll	10:03.01
38	Chatham, Eric	Clarke	10:09.72
39	Barnes, Jaxon	Cornell Coll	10:11.76
40	Buchli, Collin	Central Coll	10:18.06
41	Baldwin, Liam	Cornell Coll	10:23.66
42	Hall, Carter	Central Coll	10:26.33
43	Rangel, Xavier	Graceland	10:44.80
44	Rathje, Christian	Central Coll	10:55.78
45	Ispentchian, Zachary	William Penn	11:00.73

**Event 25 Women 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Iowa Western CC	A	46.79
1) Butcher, Lyric	2) Laha, Mary	
3) Bartee, Taeja	4) Augustine, Shantay	

**Finals ... (Event 25 Women 4x100 Meter Relay)**

Team	Relay	Finals
2 Northern Iowa	A	46.88
1) Walker, Maleah	2) Stephens, Katy	
3) Perry, Joey	4) Dunbar, Josey	
3 Central College	A	47.99
1) Gustason, Mary	2) Petersen, Kennedy	
3) Parkins, Ava	4) McMartin, Emily	
4 Simpson (Iowa)	A	48.81
1) Thornburg, Jenna	2) Cooper, Emma	
3) Moore, Molly	4) McDaniel, Aubrey	
5 North Iowa Area CC	A	49.89
1) Wiltshire, Romancia	2) Adam, Addison	
3) Guedeyi, Suzanne	4) Chapman, Abby	
6 Simpson (Iowa)	B	50.20
1) DeVault, Maddax	2) Wierson, Chloe	
3) Seehase, Calli	4) King, Sydney	
--- Central College	B	DQ
1) Leisure, Madison	2) Warnke, Karlee	
3) Arnold, Danika	4) Phillips, Olivia	
--- Saint Mary's (Minn.)	A	DQ
1) Young, Zari	2) Munson, McKenzie	
3) Saamanen, Joscelyn	4) Munson, Samantha	

**Event 26 Men 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Iowa Western CC	A	42.20
1) Evering, Julien	2) Chinapoo, Kadeem	
3) Jackson, Jerome	4) Chinapoo, Hakeem	
2 North Iowa Area CC	A	42.34
1) Angus, Aldaine	2) Codling, Xavier	
3) Bishop, Tyjah	4) McDonald, Tamarius	
3 Iowa Western CC	B	42.37
1) Rent, Todd	2) Prestwich, Aaron	
3) Gameti, Harel	4) Brewer, Zavier	
4 Northern Iowa	A	42.44
1) Hardin, Tye	2) Morton, Carter	
3) Pour, T.Y.	4) Stiglic, Ryan	
5 Iowa Western CC	C	42.54
1) John, Keone	2) Perry, Joshua	
3) Sumner, Cyril	4) Edwards, Jordan	
6 NW Missouri	A	42.86
1) Gruver, Quinn	2) Emgarten, Cash	
3) Horn, Xavier	4) Bates, Isaiah	
7 Simpson (Iowa)	A	42.90
1) Townsend, Jchaun	2) Johnson, Jrakke	
3) Sams, Joseph	4) Achebe, Kendrick	
8 Waldorf	A	42.96
1) Horton, Xzayvier	2) Jones, Jordan	
3) Armstrong, Cole	4) Brown, Donte	



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## Results

9	Iowa Western CC	D	43.18
	1) Chayee, Gabe	2) Reynolds, Knahledge	
	3) Cook, Peyton	4) Masenge, Aaron	
10	Central College	A	43.35
	1) Birch, Jacob	2) Tomko, Owen	
	3) Nelson, Zeke	4) Bunde, Lance	
11	Simpson (Iowa)	B	43.69
	1) Winkel, Cooper	2) Fox, Eli	
	3) Ewing, Brogan	4) Santiago, Shaymus	
12	Culver-Stockton	A	43.98
	1) Rivers, Judah	2) Mallett, Drew	
	3) Swetich, Lucas	4) Hodges, Ayden	
13	Grinnell	A	44.21
	1) Warren, Jake	2) Eisenberg, David	
	3) Kelley, Quentin	4) Glessner, Clay	
14	Grinnell	B	45.11
	1) Reed, Jack	2) Rathburn, Justin	
	3) Fitzgerald, Keaton	4) Barnes, Khairy	
15	Saint Mary's (Minn.)	A	45.29
	1) Schupp, Curtis	2) Hatch, Gage	
	3) Jung, Jinwoo	4) Cramer, Ryan	
16	Waldorf	B	46.00
	1) Birri, Robay	2) Ewurs, Chayton	
	3) Hernandez, Christian	4) Dominique, Brunelson	

## Event 27 Women 1500 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Thibault, Alyna	Unattached	4:41.07
2 Lanuza, Antonella	Iowa Western	4:43.23
3 Boutrich, Hafssa	Iowa Western	4:44.62
4 Dea, Marie	NW Missouri	4:46.63
5 Koppes, Alyza	Cornell Coll	4:47.70
6 Feddersen, Sarah	Northern Iow	4:48.71
7 Simonson, Josee	Northern Iow	4:49.68
8 Kelly, Mary	Northern Iow	4:49.72
9 McKown, Eliza	Waldorf	4:54.17
10 Engbert, Mackenzie	Cornell Coll	4:54.55
11 Roark, Hannah	Grinnell	4:55.34
12 Kulesa, Alyssa	Iowa Western	5:00.90
13 Campbell, Ava	NW Missouri	5:01.33
14 Bakke, Megan	Buena Vista	5:03.41
15 Roerdink, Alivia	Central Coll	5:06.16
16 Edens, Alivia	Iowa Central	5:06.88
17 Bonner, Sindri	Grinnell	5:08.25
18 Petersen, Breckyn	Central Coll	5:08.54
19 McCoy, Emma	Central Coll	5:08.69
20 Corcoran, Carolina	Grinnell	5:08.86
21 Ebel, Beatrice	Grinnell	5:09.30
22 Rodgers, Taylor	NW Missouri	5:09.37
23 Wang, Cindy	Grinnell	5:10.04
24 Vu, Noelle	Grinnell	5:10.81

## Finals ... (Event 27 Women 1500 Meter Run)

Name	School	Finals
25 Duran, Rebecca	Indian Hills	5:10.90
26 Drew, Lizzie	Grinnell	5:11.21
27 Bussey, Ava	Simpson (Iow	5:11.86
28 Huisinga, Kate	Simpson (Iow	5:12.40
29 Ruiz-Genovese, Karley	Buena Vista	5:14.13
30 Hein, Kendall	Grand View	5:15.55
31 Thompson, Serene	Indian Hills	5:17.36
32 Toro, Julia	Grinnell	5:18.52
33 Stover, Kalia	Simpson (Iow	5:21.06
34 Seeley, Carley	Cornell Coll	5:21.83
35 Miller, Emma	Simpson (Iow	5:22.42
36 Summers, Emily	Grinnell	5:22.92
37 Burckhardt, Addison	Saint Mary's	5:23.32
38 Richardson, Ava	Central Coll	5:24.33
39 Broadmoore, Edie	Grinnell	5:27.30
40 Schenk, Josie	Cornell Coll	5:31.57
41 Carmack, Malia	Culver-Stock	5:32.18
42 Bergeman, Susan	Saint Mary's	5:32.94
43 McMenomy, Reagan	Central Coll	5:33.28
44 Little, Haydn	Central Coll	5:34.18
45 Page, Murray	Cornell Coll	5:35.68
45 Egbert, Hailey	Simpson (Iow	5:35.68
47 Kreeger, Brooke	Grinnell	5:35.89
48 Tenges, Bree	Simpson (Iow	5:36.45
49 Schechinger, Brylee	Simpson (Iow	5:37.67
50 Spurling, Olivia	North Iowa A	5:42.40
51 Bracy, Bridget	Clarke	5:42.75
52 Havercamp, Lexi	St. Ambrose	5:43.90
53 Busby, Kate	Central Coll	5:46.09
54 Goergen, Katherine	Saint Mary's	5:47.46
55 Pippert, Ella	Simpson (Iow	5:49.79
56 Swearingen, Lexi	Central Coll	5:50.54
57 Thiner, Kenadie	Buena Vista	5:52.45
58 Scott, Zoe	Cornell Coll	5:54.62
59 Gessert, Jenna	Simpson (Iow	6:01.97
60 Heil, Loryn	St. Ambrose	6:02.38
61 Crabb, Campbell	Central Coll	6:04.64
62 Gamboa Garcia, Fabiola	Grand View	6:05.08
63 Beals, Ella	Grand View	6:08.82
64 McGraw, Hannah	Simpson (Iow	6:09.62
65 Etter, Audrey	William Penn	6:10.65
66 Hanson-Brandsoy, Lex	Simpson (Iow	6:17.29
--- Gerlach, Ella	Graceland	NT
--- Plum, Natalie	Grand View	NT

## Event 28 Men 1500 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Beeler, Evan	Indian Hills	4:00.45
2 Williams, Jack	NW Missouri	4:00.50



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## Results

3	Newsom, Kohlby	Indian Hills	4:02.28	54	Brace, Samuel	Hawkeye CC	5:10.50
4	Hartley, Landon	Iowa Western	4:02.85				
5	Kessler, Collin	Simpson (Iow	4:03.64				
6	Grunhovd, Gavin	North Iowa A	4:05.92				
7	Ellis, Micaiah	Northern Iow	4:06.65				
8	Allen, Levi	NW Missouri	4:08.12				
9	Stowers, Peyton	Southeastern	4:08.27				
10	Hartnett, Joey	Iowa Western	4:09.22				
11	Reyes, Ben	Simpson (Iow	4:09.50				
12	Bosch, Jake	Northern Iow	4:10.14				
13	Heagy, Connor	Grinnell	4:11.45				
14	Matern, Jace	Iowa Western	4:12.48				
15	Engler, Drew	Simpson (Iow	4:13.37				
16	Brownsberger, Tate	Iowa Western	4:14.76				
17	Heffernan, Patrick	Buena Vista	4:15.35				
18	Diediker, Owen	Simpson (Iow	4:16.62				
19	Haus, Ethan	Simpson (Iow	4:17.78				
20	Graeser, Xander	North Iowa A	4:18.46				
21	Mosqueda, A.J.	Simpson (Iow	4:18.98				
22	Ruei, Goi	Saint Mary's	4:19.64				
23	Wilke, Evan	Truman	4:20.52				
24	Niertert, Cord	Clarke	4:21.57				
25	Easton, Carter	Southeastern	4:21.66				
26	Hadgu, Debas	Grand View	4:21.85				
27	Bonner, Matthew	Grand View	4:22.56				
28	Nuss, Cooper	Simpson (Iow	4:22.82				
29	Lee, Justin	Grinnell	4:24.01				
30	In, David	Grinnell	4:25.22				
31	Briley, Brandon	Southwestern	4:26.12				
32	Powell, Nick	Southeastern	4:26.99				
33	Egertson, Aiden	Buena Vista	4:28.35				
34	Volden, Alex	Central Coll	4:30.33				
35	Frideres, Nick	Simpson (Iow	4:30.97				
36	Hall, Waylon	Iowa Central	4:31.36				
37	Lensing, Hayden	Iowa Central	4:31.54				
38	Stalzer, Gavin	St. Ambrose	4:31.68				
39	Funes, Elian	Simpson (Iow	4:33.06				
40	Chamberlain, Jacob	Grand View	4:33.37				
41	Creed, Blake	Central Coll	4:35.52				
42	Reiss, Carver	St. Ambrose	4:36.01				
43	Howes, Robert	Simpson (Iow	4:36.85				
44	Ouhabi, Nicholas	Grinnell	4:38.26				
45	Smith, Liam	Saint Mary's	4:38.44				
46	Conard, Anthony	St. Ambrose	4:39.07				
47	Jimenez, Ronan	Central Coll	4:43.90				
48	Carney, Kevin	North Iowa A	4:45.56				
49	Hruby, Kade	Buena Vista	4:46.25				
50	Mosley, Nikolli	North Iowa A	4:46.36				
51	Reynaga, Jailan	Culver-Stock	4:48.83				
52	Rock, Royce	Waldorf	4:49.69				
53	Ridley, Moses	Graceland	4:54.50				



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## Results

## Finals ... (Event 28 Men 1500 Meter Run)

Name	School	Finals
55 Lesko, Brennan	Central Coll	5:11.81

## Event 29 Women 400 Meter Dash

Name	School	Finals
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## Finals

1 Laha, Mary	Iowa Western	56.69
2 Bula Bula, Mechak Linda	Iowa Central	57.04
3 Zaharieva, Deni	Saint Mary's	59.82
4 Lande, Kamryn	Northern Iow	1:00.26
5 Slavin, Mya	Saint Mary's	1:00.29
6 Carnes, Jayda	Cornell Coll	1:00.53
7 Phillips, Olivia	Central Coll	1:00.92
8 Carder, Ava	Simpson (Iow	1:01.27
9 Culmer, Tiana	Clarke	1:01.31
10 Winther, Bella	Simpson (Iow	1:01.49
11 Terpstra, Addisyn	Grand View	1:02.23
12 Penn, Juliana	Graceland	1:02.43
13 Arnold, Danika	Central Coll	1:02.94
14 Karyee, Precious	Grand View	1:03.39
15 Croy, Brynna	Grand View	1:03.79
16 Solano, Kate	Grinnell	1:03.84
17 Anderson, Akeelah	William Penn	1:04.01
18 Hilton, Marli	Southwestern	1:04.82
19 Bauer, Annika	Faith Baptis	1:05.24
20 White, Caleigha	Waldorf	1:05.42
21 Smith, Elise	Grand View	1:05.73
22 Henderson, Elly	Simpson (Iow	1:05.92
23 Lampe, Avery	Grinnell	1:05.99
24 Hugart, Alexa	Cornell Coll	1:06.45
25 Rider, Lyla	Truman	1:06.68
26 Cook, Tessa	Graceland	1:06.70
27 Torres, Alexa	Waldorf	1:07.79
28 Shriver, Jillian	Cornell Coll	1:09.46
29 Mills, Ava	Buena Vista	1:10.59

## Event 30 Men 400 Meter Dash

Name	School	Finals
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## Finals

1 Mitchell, Onal	Unattached	47.84
2 Lanphier, Christian	NW Missouri	48.64
3 Fraker, Josh	NW Missouri	48.72
4 Woods, Derek	Northern Iow	48.74
5 Musonda, Joshua	Clarke	49.25
6 Moon, Jeb	Iowa State	49.31
7 Chinapoo, Hakeem	Iowa Western	49.45
8 Graber, Riley	Grand View	49.48
9 Hernandez, Juan	NW Missouri	49.97
10 O'Brien, Linus	Grinnell	49.98
11 Meeker, Jensen	Cornell Coll	50.00
12 Swapsy, Cameron	Southwestern	50.18

13 Jones, Jordan	Waldorf	50.46
14 Masters, Dylan	NW Missouri	50.50
15 Hogrefe, Ashton	Northern Iow	50.79
16 Warren, Teaghan	Grand View	50.82
17 Steege, Keegan	Northern Iow	50.86
18 Dickson, Jayden	Northern Iow	51.10
19 Zeh, Jacob	Simpson (Iow	51.31
20 Pfister, Caden	Grinnell	51.31
21 Marberry, Alex	Truman	51.37
22 Warren, Tayte	Grand View	51.49
23 Adum, Ardadi	Grand View	51.52
24 Packard, Cade	Culver-Stock	51.77
25 Ford, Owen	Luther	52.04
26 Gustafson, Wyatt	Truman	52.14
27 Wingert, Owen	Simpson (Iow	52.36
28 Lambert, Peyton	Southeastern	52.64
29 Guarin, Isaac	Iowa Central	52.69
30 Simmons, Tobias	Grand View	52.77
31 Armstrong, Cole	Waldorf	52.89
32 Bottary, Michael	Truman	53.06
33 Zaprianov, Nick	Clarke	53.19
34 Martin, Owen	Southwestern	53.52
35 Braun, Lucas	Simpson (Iow	53.64
36 Hogan, Max	Truman	54.07
37 Miller, Payton	Graceland	54.15
38 Reiter, Cale	Simpson (Iow	54.21
39 Horton, Xzayvier	Waldorf	54.23
40 Hernandez, Christian	Waldorf	54.44
41 Shepherd, Seth	Faith Baptis	54.49
42 Welch-Groves, Cameron	Grinnell	54.73
43 Jones, Jameson	Faith Baptis	55.20
44 Miller, Andrew	William Penn	56.20
45 Rogers, Grant	Southeastern	56.43
46 Mace, Logan	Graceland	58.69
47 Shepherd, Andrew	Faith Baptis	59.11
48 Huelsenbeck, Isaac	Cornell Coll	1:02.23

## Event 31 Women 800 Meter Run

Name	School	Finals
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## Finals

1 Lanuza, Antonella	Iowa Western	2:17.21
2 Baker, Raina	Truman	2:17.84
3 Ewusie, Elizabeth	Iowa Western	2:18.70
4 Curtis, Mya	Iowa Western	2:20.35
5 Canatsey, Phoebe	Truman	2:20.97
6 Boutrich, Hafssa	Iowa Western	2:20.98
7 Kulesa, Alyssa	Iowa Western	2:21.84
8 Jones, Mallori	Hawkeye CC	2:21.97
9 Sims, Maddie	Truman	2:22.72
10 Dorsey, Jocelyn	Truman	2:23.30
11 Zeilstra, Kendra	Truman	2:24.11
12 Miller, Teah	Central Coll	2:24.37



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## Results

Finals ... (Event 31 Women 800 Meter Run)			
Name	School	Finals	
13 Stahr, Clare	Truman	2:25.14	
14 Shultz, Tennyson	Grinnell	2:25.34	
15 Robinson, Bailey	NW Missouri	2:25.72	
16 Williams, Sarah	Truman	2:26.84	
17 Petersen, Breckyn	Central Coll	2:27.61	
18 Huisinga, Kate	Simpson (Iow	2:28.01	
19 Karow, Morgan	Grinnell	2:28.65	
20 Packer, Riley	Central Coll	2:28.92	
21 Hayward, Claire	Indian Hills	2:30.11	
22 Ripley, Anna	Truman	2:30.46	
23 Steinbron, Bekah	Central Coll	2:30.76	
24 Bontrager, Leah	Central Coll	2:31.57	
25 Ledgerwood, McKenna	Truman	2:31.82	
26 O'Connor, Marissa	Waldorf	2:32.33	
27 Wilson, Brynn	Central Coll	2:33.09	
28 Sjerven, Norah	Iowa Western	2:33.79	
29 Bergeman, Susan	Saint Mary's	2:34.21	
30 Summers, Emily	Grinnell	2:34.35	
31 Schechinger, Brylee	Simpson (Iow	2:35.05	
32 Toro, Julia	Grinnell	2:35.46	
33 Woolm, Carlie	St. Ambrose	2:35.74	
34 Kruse, Annika	Central Coll	2:35.92	
35 Barringhaus, Addison	Truman	2:36.27	
36 Stover, Kalia	Simpson (Iow	2:36.33	
37 Rye, Claire	William Penn	2:36.81	
38 Miller, Emma	Simpson (Iow	2:36.95	
39 Ruiz-Genovese, Karley	Buena Vista	2:37.72	
40 Hein, Kendall	Grand View	2:38.45	
41 Carmack, Malia	Culver-Stock	2:38.81	
42 Barker, Kira	Central Coll	2:39.62	
43 Broadmoore, Edie	Grinnell	2:39.89	
44 Kemp, Bridget	Truman	2:39.95	
45 Little, Haydn	Central Coll	2:40.48	
46 Ostroski, Mallory	William Penn	2:41.30	
47 Nehring, Taryn	Grand View	2:41.34	
48 Burckhardt, Addison	Saint Mary's	2:41.51	
49 Pepler, Erin	Culver-Stock	2:41.80	
50 Stout, Isabel	Southeastern	2:42.09	
51 McMenemy, Reagan	Central Coll	2:44.11	
52 Egbert, Hailey	Simpson (Iow	2:44.30	
53 Nebel, Karston	Central Coll	2:44.99	
54 Goergen, Katherine	Saint Mary's	2:45.91	
55 Busby, Kate	Central Coll	2:48.09	
56 Ray, Peyton	Simpson (Iow	2:48.39	
57 Thiner, Kenadie	Buena Vista	2:50.39	
58 Tenges, Bree	Simpson (Iow	2:51.90	
59 Berry, Emma	Culver-Stock	2:53.26	
60 Bracy, Bridget	Clarke	2:54.03	
61 Kuntz, Aubrey	Southeastern	2:54.92	

62 Sheeley, Ella

Central Coll

2:55.45



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## Results

63	Fairbanks, Jillian	Central Coll	2:56.44
64	Kielty, Elizabeth	Central Coll	3:00.50
65	Crabb, Campbell	Central Coll	3:07.75
66	Swearingen, Lexi	Central Coll	3:09.39
67	Smith, Cecilia	Hawkeye CC	3:28.02

## Event 32 Men 800 Meter Run

Name	School	Finals
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## Finals

1	Boutagua, Mohamed	Iowa Western	1:54.56
2	Miserendino, Chris	St. Ambrose	1:55.43
3	Kiprop, Brian	Indian Hills	1:56.52
4	Beard, Bret	Unattached	1:57.86
5	Cornick, Jess	NW Missouri	1:58.82
6	White, Hank	Indian Hills	1:58.85
7	Kemper, Andres	NW Missouri	1:59.08
8	Ortiz, Alexis	Iowa Central	1:59.37
9	Beard, Jack	NW Missouri	1:59.64
10	Cordova, Luis	Iowa Western	1:59.89
11	Hartley, Landon	Iowa Western	2:00.26
12	Kessler, Collin	Simpson (Iow	2:00.42
13	Sorensen, Isaac	NW Missouri	2:00.67
14	Chestovich, Andy	Grinnell	2:00.81
15	Hummel, Willem	Truman	2:00.83
16	Warren, Charlie	NW Missouri	2:01.70
17	St. John, Bentley	NW Missouri	2:01.88
18	Fuller, Landon	Iowa Central	2:02.18
19	Card, Donovan	Central Coll	2:02.36
20	Vander Werf, Austin	Central Coll	2:02.38
21	Briggs, Jamie	Cornell Coll	2:02.73
22	Pithan, Ryker	NW Missouri	2:03.14
23	Matern, Jace	Iowa Western	2:03.72
24	Reyes, Ben	Simpson (Iow	2:03.99
25	Haus, Ethan	Simpson (Iow	2:04.12
26	Mosqueda, A.J.	Simpson (Iow	2:04.14
27	Pike, Gavin	Truman	2:04.53
28	Rathje, Justice	Central Coll	2:04.76
29	Diediker, Owen	Simpson (Iow	2:05.36
30	Long, Caleb	Cornell Coll	2:05.45
31	McKenzie, Adonis	Simpson (Iow	2:05.55
32	Frideres, Nick	Simpson (Iow	2:05.76
33	Starlin, Dillon	Central Coll	2:05.80
34	Zamudio, Tony	Cornell Coll	2:06.01
35	Krogman, Carson	Cornell Coll	2:06.16
36	Munson, Van	Cornell Coll	2:06.47
37	Lied, Jack	St. Ambrose	2:06.51
38	Tippetts, Kannon	Grand View	2:06.54
39	Gomez, Sean	William Penn	2:06.58
40	Siever, Owen	Truman	2:06.59
41	Braun, Carter	Buena Vista	2:06.66
42	Chaney, Kevin	St. Ambrose	2:06.71
43	Ruei, Goi	Saint Mary's	2:06.86

## Finals ... (Event 32 Men 800 Meter Run)

Name	School	Finals	
44	Johnson, Jrakke	Simpson (Iow	2:07.04
45	Back, Mason	Central Coll	2:07.26
46	Vander Waal, Nathan	Central Coll	2:07.61
47	Van Hemert, Jake	Central Coll	2:07.66
48	Voga, Evan	Central Coll	2:07.68
49	Brownsberger, Tate	Iowa Western	2:07.91
50	Pacheco, Johan	Cornell Coll	2:07.99
51	Harris, Bradley	Graceland	2:08.22
52	Easton, Carter	Southeastern	2:08.40
53	Powell, Nick	Southeastern	2:08.52
54	Brant, James	Central Coll	2:08.62
55	Hadgu, Debas	Grand View	2:08.65
56	Rivers, Judah	Culver-Stock	2:08.98
57	Veiseth, Brayden	William Penn	2:09.58
58	Hamm, Drake	William Penn	2:10.04
59	Nuss, Cooper	Simpson (Iow	2:10.12
60	Combs, Noah	Truman	2:10.14
61	Sippel, Leighton	Buena Vista	2:10.30
62	Egertson, Aiden	Buena Vista	2:11.35
63	McLeland, Cayden	Central Coll	2:11.41
63	Almelien, Alex	North Iowa A	2:11.41
65	Aklog, Adess	Iowa Western	2:11.82
66	Heffernan, Patrick	Buena Vista	2:12.19
67	Hansen, Conner	Central Coll	2:12.45
68	Ghormley, Logan	Truman	2:13.12
69	Lange, Aiden	Central Coll	2:13.20
70	Roerdink, Xander	Central Coll	2:13.37
71	Diaz, Jacob	Waldorf	2:13.72
72	Smith, Liam	Saint Mary's	2:13.77
73	Block, Owen	Grinnell	2:13.98
74	Spellman, Zion	Grand View	2:14.72
75	Meyer, Ian	Central Coll	2:14.86
76	Kessler, Brayden	Central Coll	2:15.60
77	Boatright, Ben	St. Ambrose	2:15.61
78	Dorenkamp, Teegan	Iowa Western	2:16.27
79	Petrie, Bryan	William Penn	2:16.67
80	Fuess, Nick	Truman	2:17.02
81	Drake, Chandler	Hawkeye CC	2:17.75
82	Thompson, Zach	Buena Vista	2:17.94
83	Thunstedt, Taylor	Central Coll	2:18.03
84	Ridley, Moses	Graceland	2:18.18
85	Rock, Royce	Waldorf	2:18.99
86	Hall, Carter	Central Coll	2:19.13
87	Buchli, Collin	Central Coll	2:19.26
88	Long, Hayden	Truman	2:20.27
89	Howes, Robert	Simpson (Iow	2:22.66
90	Thompson, Noah	Truman	2:23.47
90	Rathje, Christian	Central Coll	2:23.47
92	Ramirez, Fidher	Graceland	2:25.17



## Central College Dutch Invitational 2026 - 3/28/2026

## Ron and Joyce Schipper Stadium

## Results

93	Hruby, Kade	Buena Vista	2:27.19
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94	Rangel, Xavier	Graceland	2:27.25
95	Ispentchian, Zachary	William Penn	2:27.32
96	Keene, Hunter	Truman	2:27.91
97	Lesko, Brennan	Central Coll	2:29.77
98	Wajda, Maddox	Central Coll	2:44.41

## Event 33 Women 400 Meter Hurdles

	Name	School	Finals
<b>Finals</b>			
1	Fusco, Carlie Jo	Northern Iow	1:01.53
2	Carder, Anjelena	NW Missouri	1:02.68
3	Moore, Eden	Northern Iow	1:02.83
4	Tietjen, Kendall	NW Missouri	1:03.08
5	Dawes, Janae	Iowa Central	1:03.15
6	Bula Bula, Chadrak Belinc	Iowa Central	1:03.57
7	McGraw, Josie	NW Missouri	1:05.56
8	Perez, Kaela	Truman	1:06.98
9	DeVault, Maddax	Simpson (Iow	1:08.08
10	Carolan, Hailey	Cornell Coll	1:08.98
11	Hearting, Hailey	Buena Vista	1:09.34
12	Goodman, Jessie	Grinnell	1:09.73
13	Gute, Bella	Simpson (Iow	1:09.74
14	Metzgar, Tori	Simpson (Iow	1:10.03
15	Clark, Addison	Central Coll	1:12.13
16	Stone, Samantha	Culver-Stock	1:12.81
17	Mulhall, Madison	Waldorf	1:13.61
18	Clay, Ja'Mariah	Truman	1:16.69

## Event 34 Men 400 Meter Hurdles

	Name	School	Finals
<b>Finals</b>			
1	O'Leary, Aiden	NW Missouri	55.25
2	Funk, Gabe	Northern Iow	55.51
3	Van Wychen, Zach	Northern Iow	55.74
4	Marchand Fierro, Alex	North Iowa A	56.26
5	Simmons, Tristan	Indian Hills	56.92
6	Joar, Gatleel	Iowa Central	56.97
7	Hayes, Jeovanni	Grand View	57.05
8	Mukhtar, Bill	Northern Iow	57.33
9	Hemsworth, Gabriel	North Iowa A	57.42
10	Alexander, Anthony	Iowa Central	57.55
11	Huyser, Cor	Central Coll	57.87
12	Hanson, Jace	Grand View	58.26
13	Sayee, Rouce	Simpson (Iow	58.33
14	Norman, Trevor	Truman	58.34
15	Reynolds, Knahledge	Iowa Western	58.44
16	Rainsbarger, Logan	Simpson (Iow	58.76
17	Dohrmann, Blaine	Cornell Coll	58.77
18	Kirkpatrick, Korey	Simpson (Iow	1:01.30
19	Addison, Marhon	Clarke	1:01.72
20	Schomberg, Jacob	Grinnell	1:02.23
21	Wilkins, Austin	Cornell Coll	1:02.52



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## Results

## Finals ... (Event 34 Men 400 Meter Hurdles)

Name	School	Finals
22 Araoz, Daniel	Saint Mary's	1:04.13
23 Miller, Keaton	Saint Mary's	1:09.26
--- Kelley, Quentin	Grinnell	DNF

## Event 35 Women 200 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Randecker, Emma	Northern Iow	23.58 3.4
2 McMartin, Emily	Central Coll	24.77 3.4
3 Augustine, Shantay	Iowa Western	24.77 1.5
4 Zandy, Promise	Indian Hills	24.89 3.4
5 Jones, Jersey	Northern Iow	24.91 3.4
6 Parkins, Ava	Central Coll	25.08 3.4
7 Munson, Samantha	Saint Mary's	25.39 1.5
8 Young, Zari	Saint Mary's	25.42 3.2
9 Kiley, Courtney	NW Missouri	25.46 2.6
10 Singleton, Eryianna	Northern Iow	25.55 1.5
11 Gustason, Mary	Central Coll	25.57 2.6
12 Nwaeme, Grace	Iowa Western	25.60 1.5
13 Williams, Maya	Northern Iow	25.69 3.4
14 Gannon, Aleksys	Northern Iow	25.81 1.5
15 Bergstrooem Weekes, May	Iowa Western	25.85 3.2
16 Walters, Brynn	Northern Iow	26.00 2.6
17 Penn, Juliana	Graceland	26.09 1.4
18 Crawford, Ja'Niya	Southeastern	26.11 2.6
19 Snoddy, Jon'Tazja	Iowa Western	26.18 2.0
20 Bartee, Taeja	Iowa Western	26.37 1.4
21 Lande, Kamryn	Northern Iow	26.39 2.0
22 Harper, Tess	Truman	26.39 3.2
23 Carnes, Jayda	Cornell Coll	26.40 3.2
24 Swisher, Keelin	Grinnell	26.42 3.2
25 Adam, Addison	North Iowa A	26.45 2.0
26 McDaniel, Aubrey	Simpson (Iow	26.46 2.0
27 Alford, Te'Ara	Iowa Western	26.51 2.7
28 Culmer, Tiana	Clarke	26.53 2.7
29 Parrott, Anna	Simpson (Iow	26.63 3.2
30 Joseph, Khalia	Southeastern	26.78 2.7
31 Ackerman, Zoe	Simpson (Iow	26.95 3.0
32 Moore, Molly	Simpson (Iow	26.97 2.0
33 Middents, Nicole	Simpson (Iow	27.06 3.0
34 Saamanen, Joscelyn	Saint Mary's	27.20 3.0
35 White, Caleigha	Waldorf	27.20 2.7
36 Greeley, Shayla	Central Coll	27.28 2.7
37 Doerue, Hellen	William Penn	27.41 3.1
38 Guedeyi, Suzanne	North Iowa A	27.42 3.0
39 Brown, Julia	Truman	27.43 3.1
40 Akin, Gabby	Simpson (Iow	27.48 3.0
41 Moore, Vada	Truman	27.57 2.6
42 Hall, Maddy	Truman	27.72 2.0
43 King, Sydney	Simpson (Iow	27.77 2.0

44 Tembo, Arina	Grand View	27.86 3.1
45 Johns, Ellysse	William Penn	27.87 2.6
46 Hugart, Alexa	Cornell Coll	27.97 3.1
47 Leisure, Madison	Central Coll	27.97 3.1
48 Kubichka, Rachael	Saint Mary's	28.06 3.0
49 Talbert, Cora	Cornell Coll	28.09 2.6
50 Vradenburg, McKenzie	Truman	28.19 2.7
51 Torres, Alexa	Waldorf	28.23 3.1
52 Durlfing, Abby	North Iowa A	28.29 2.8
53 Spaur, Reece	Central Coll	28.32 3.1
54 Hilton, Marli	Southwestern	28.33 2.2
55 Drake, Kinsey	Central Coll	28.41 3.0
56 Colton-Spearman, Kiara	North Iowa A	28.57 1.4
57 Downey, Sully	Simpson (Iow	28.60 2.8
58 Mitchell, Kaylin	Grand View	28.65 2.2
59 Lampe, Avery	Grinnell	28.73 2.6
60 Gerdes, Emma	Saint Mary's	28.76 3.1
61 Ziegler, Willow	Cornell Coll	28.82 2.6
62 Hoffman, Anna	Buena Vista	29.03 2.2
63 Brown, Cloe	Southwestern	29.15 2.9
64 Rider, Lyla	Truman	29.18 2.2
65 Cook, Tessa	Graceland	29.21 2.8
66 Bear, Sia	Cornell Coll	29.28 2.6
67 Sullivan, Adri	Cornell Coll	29.50 2.2
68 Kieffer, Hailey	Saint Mary's	29.55 2.9
69 Gonzalez, Kaiya	Grand View	29.59 2.9
70 Shriver, Jillian	Cornell Coll	29.81 2.9
71 Wirges, Codie	Faith Baptis	30.04 2.2
72 Costello, Katie	Faith Baptis	30.18 2.6
73 Franklin, Emily	Faith Baptis	30.27 2.8
74 Denton, Chloe	Simpson (Iow	30.58 1.4
75 Testerman, Grace	Graceland	30.77 2.2
76 Mills, Ava	Buena Vista	30.80 2.9
77 Pestka, Maddie	Cornell Coll	30.90 2.8
78 Almaraz, Samantha	Saint Mary's	31.19 2.9
79 Quesnell, Annie	Cornell Coll	31.23 2.9
80 Widman, Gabriella	Faith Baptis	31.78 2.8
81 Dostal, Ivey	Southwestern	33.04 2.8

## Event 36 Men 200 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Kiewiet, Parker	Northern Iow	21.02 2.3
2 Chigudu, Tinashe	Northern Iow	21.14 2.3
3 Fall, Zach	Northern Iow	21.23 2.3
4 Meyers, Luke	Northern Iow	21.34 2.3
5 Chinapoo, Kadeem	Iowa Western	21.37 2.3
6 Hoskins, Tarelle	Hawkeye CC	21.40 2.6
7 Perry, Joshua	Iowa Western	21.46 2.6
8 Ebensteiner, Dominic	Iowa Central	21.47 2.7
9 Codling, Xavier	North Iowa A	21.59 2.3
10 Howard, Brandon	Truman	21.66 2.7



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## Results

Finals ... (Event 36 Men 200 Meter Dash)				60	Ewing, Brogan	Simpson (Iow	23.17	1.9
Name	School	Finals						
11	Sumner, Cyril	Iowa Western	21.66	2.6				
12	Beaty, Hadley	Cornell Coll	21.73	2.3				
13	Holt, Osmond	Iowa Central	21.77	2.3				
14	Etherington, Jake	Clarke	21.78	2.3				
15	Musonda, Joshua	Clarke	21.82	2.7				
16	Evering, Julien	Iowa Western	21.98	2.3				
17	Prestwich, Aaron	Iowa Western	22.02	2.5				
18	Emanuel, Kaden	Northern Iow	22.12	2.5				
19	Forkpa, Jimelle	Grand View	22.18	1.8				
20	Masenge, Aaron	Iowa Western	22.23	2.2				
21	Moore, Tariq	Hawkeye CC	22.28	2.5				
22	Rent, Todd	Iowa Western	22.28	1.5				
23	Emgarten, Cash	NW Missouri	22.28	1.4				
24	Bishop, Tyjah	North Iowa A	22.30	1.8				
25	Gibb, Tanner	Iowa Western	22.31	1.4				
26	Swapsy, Cameron	Southwestern	22.32	2.6				
27	Hatch, Gage	Saint Mary's	22.32	1.7				
28	Moen, Alan	Iowa Central	22.35	2.3				
29	Marberry, Alex	Truman	22.38	2.6				
30	Sams, Joseph	Simpson (Iow	22.39	2.3				
31	Horton, Xzayvier	Waldorf	22.40	2.7				
32	McDonald, Tamarius	North Iowa A	22.48	1.7				
33	Tomko, Owen	Central Coll	22.49	1.5				
34	Grzelewski, Eli	Grinnell	22.50	2.5				
35	Meeker, Jensen	Cornell Coll	22.53	2.7				
36	Huseman, Bradley	Clarke	22.54	1.1				
37	Monday, Kaeden	Graceland	22.54	1.5				
38	Gruver, Quinn	NW Missouri	22.57	2.7				
39	Meyers, Carter	Northern Iow	22.59	2.5				
40	Doyle, Ayden	Southeastern	22.61	1.5				
41	Jones, Jordan	Waldorf	22.64	1.5				
42	Byre, Kasin	North Iowa A	22.65	1.4				
43	Houston, Noah	Iowa Western	22.66	2.2				
44	Klein, Easton	Simpson (Iow	22.70	1.8				
45	Armstrong, Cole	Waldorf	22.74	1.8				
46	Hays, Easton	Buena Vista	22.74	1.5				
47	Feldmann, Gabe	Central Coll	22.78	1.4				
48	Hernandez, Dalles	Cornell Coll	22.81	1.4				
49	Bogan, Mason	North Iowa A	22.85	1.4				
50	Hodges, Ayden	Culver-Stock	22.86	1.5				
51	Moquin, Bryce	Buena Vista	22.88	2.2				
52	Adams, Andre	Iowa Western	22.92	1.7				
53	Dingley, Adam	Iowa Western	22.92	1.3				
54	Moreland, Navon	Iowa Central	22.95	1.7				
55	McClellan, Usir	William Penn	22.96	1.1				
56	Seeman, James	Central Coll	23.02	1.7				
57	Ajiri, Elijah	Central Coll	23.03	1.5				
58	Durham, Tyson	Iowa Central	23.10	2.1				
59	Murray, Tate	Hawkeye CC	23.13	2.0				



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## Results

61	Webb, John	William Penn	23.18	1.5	112	Cygan, Mason	Culver-Stock	28.30	1.3
62	Santiago, Shaymus	Simpson (Iow	23.19	2.2					
63	Davis, Justin	Buena Vista	23.19	2.8					
64	Gilbert-Binder, Ben	Simpson (Iow	23.19	2.2					
65	Parker, Damarius	William Penn	23.27	1.4					
66	Dains, Joey	Iowa Western	23.28	2.2					
67	Simmons, Tobias	Grand View	23.32	2.1					
68	Fox, Eli	Simpson (Iow	23.35	1.8					
69	Rogers, Grant	Southeastern	23.39	2.2					
70	Farrington, Mason	Central Coll	23.40	1.5					
71	Mulkins, Jackson	Buena Vista	23.48	2.1					
72	Novelle, Jack	Grinnell	23.50	1.5					
73	Simmons, Tristan	Indian Hills	23.52	1.7					
74	Walker, Elias	Graceland	23.52	2.2					
75	Logue, Jake	Grinnell	23.57	1.1					
76	Kizer, Ja'Kobe	Clarke	23.58	1.5					
77	Bottary, Michael	Truman	23.58	2.1					
78	Schupp, Curtis	Saint Mary's	23.64	2.8					
79	Tavegia, Jackson	Central Coll	23.65	1.7					
80	Zweibahmer, Kaden	Buena Vista	23.67	2.1					
81	Lee, Jay	Simpson (Iow	23.78	2.1					
82	Williams, JonKing	Southeastern	23.85	2.8					
83	Miller, Payton	Graceland	23.86	1.9					
84	Addisu, Simon	Iowa Western	23.86	2.8					
85	Gustafson, Wyatt	Truman	23.90	2.0					
86	Swetich, Lucas	Culver-Stock	23.95	1.1					
87	Kiser, Ty	Culver-Stock	23.96	1.9					
88	Sheesley, Evan	Central Coll	24.00	2.1					
89	Ford, Owen	Luther	24.05	1.1					
90	Israel, Caden	Graceland	24.05	2.1					
91	Hernandez, Christian	Waldorf	24.07	2.8					
92	Briley, Brandon	Southwestern	24.16	1.5					
93	Duckwitz, Mebratu	Iowa Central	24.17	1.9					
94	Herek, Casey	Luther	24.23	2.8					
95	Braun, Carter	Buena Vista	24.37	1.3					
96	Jones, Jameson	Faith Baptis	24.48	2.0					
97	Ewurs, Chayton	Waldorf	24.57	1.1					
98	Bailey, Avion	Central Coll	24.58	1.9					
99	Harris, Bradley	Graceland	24.63	1.3					
100	Hosnyang, Wicheng	Iowa Western	24.92	1.3					
101	Shepherd, Seth	Faith Baptis	24.93	2.0					
102	Welch-Groves, Cameron	Grinnell	24.97	1.3					
103	Hogan, Max	Truman	25.07	1.3					
104	Thompson, Zach	Buena Vista	25.28	1.3					
105	Larsen, Ethan	Grand View	25.44	2.8					
106	Sippel, Leighton	Buena Vista	25.51	2.0					
107	Mace, Logan	Graceland	25.99	1.3					
108	Huelsenbeck, Isaac	Cornell Coll	26.07	2.0					
109	Kunz, Jordan	Central Coll	26.99	1.3					
110	Minnix, Andrew	Culver-Stock	27.50	1.3					
111	Claire, Ethan	Luther	27.81	1.3					



## Central College Dutch Invitational 2026 - 3/28/2026

## Ron and Joyce Schipper Stadium

## Results

## Finals ... (Event 36 Men 200 Meter Dash)

Name	School	Finals
113 Vangilder, Kegan	Iowa Central	31.56 1.3

## Event 37 Women 5000 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Harris, Shelby	NW Missouri	18:20.51
2 Cassity, Jessa	NW Missouri	18:24.91
3 Kharbanda, Arushi	Grinnell	18:40.52
4 Hein, Allison	St. Ambrose	18:49.87
5 Webb, Ellie	Truman	18:50.57
6 Wharton-Hsieh, Emma	Grinnell	18:51.40
7 Blevins, Carlie	Faith Baptis	18:56.88
8 Gavois, Juliette	Iowa Central	19:04.65
9 McEntee, Ella	Grinnell	19:04.73
10 True, Makayla	Grand View	20:15.08
11 Divadeenam, Rowan	Grinnell	21:32.65
12 Gamboa Garcia, Fabiola	Grand View	22:36.61
13 Beals, Ella	Grand View	22:43.49
14 Welch, Ella	Grand View	23:59.13
15 Plum, Natalie	Grand View	25:51.48

## Event 38 Men 5000 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Goetsche, Austin	NW Missouri	15:13.76
2 Gutzman, Jacob	Truman	15:16.59
3 Lucas, Logan	Culver-Stock	15:30.27
4 Willerth, Ross	St. Ambrose	15:38.15
5 Muniz, Ty	Iowa Western	15:43.16
6 Getz, Luke	St. Ambrose	15:50.91
7 Eller, Ian	St. Ambrose	15:51.44
8 Paplow, Evan	Iowa Central	15:51.71
9 Beck, Sam	Grinnell	15:57.08
10 Berns, Presley	Indian Hills	16:07.25
11 Shively, Sutton	William Penn	16:08.70
12 Degner, Jack	St. Ambrose	16:11.51
13 Smith, Cayden	Grinnell	16:11.60
14 Fitzgerald, Isaiah	Saint Mary's	16:19.03
15 Piskorski, Hadyn	Buena Vista	16:20.29
16 Jahnke, Jonah	Iowa Central	16:26.52
17 Boden, Brennan	Iowa Central	16:26.62
18 Bonner, Matthew	Grand View	16:27.97
19 Morales, Wualfret	William Penn	17:16.07
20 Wise, Owen	NW Missouri	17:17.07
21 Limas, Nathan	Grand View	17:34.46
22 Chamberlain, Jacob	Grand View	17:55.97
23 Schaack, Mason	St. Ambrose	17:56.18
24 Dutt, Shivneel	Culver-Stock	18:40.16

## Event 39 Women 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Central College	B	4:03.09
1) Arnold, Danika	2) Roerdink, Alivia	
3) Phillips, Olivia	4) Clark, Addison	
2 Truman	A	4:03.64
1) Harper, Tess	2) Baker, Raina	
3) Brown, Julia	4) Burks, Claire	
3 Grand View	A	4:11.58
1) Terpstra, Addisyn	2) Nehring, Taryn	
3) Croy, Brynna	4) Smith, Elise	
4 Saint Mary's (Minn.)	A	4:13.07
1) Zaharieva, Deni	2) Slavin, Mya	
3) Dostal, Ameryn	4) Gin, Xara	
5 Truman	B	4:15.23
1) Perez, Kaela	2) Canatsey, Phoebe	
3) Dorsey, Jocelyn	4) Sims, Maddie	
6 Buena Vista	A	4:25.55
1) Hearting, Hailey	2) Bakke, Megan	
3) Hoffman, Anna	4) Mills, Ava	
7 Grand View	B	4:35.55
1) Karyee, Precious	2) Hein, Kendall	
3) Mitchell, Kaylin	4) Tembo, Arina	
8 Culver-Stockton	A	4:39.19
1) Carmack, Malia	2) Berry, Emma	
3) Stone, Samantha	4) Peppler, Erin	

## Event 40 Men 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Grand View	A	3:19.10
1) Lembechwa, Travis	2) Warren, Teaghan	
3) Adum, Ardadi	4) Graber, Riley	
2 Culver-Stockton	A	3:24.82
1) Mallett, Drew	2) Rivers, Judah	
3) Packard, Cade	4) Reynaga, Jailan	
3 Truman	A	3:25.54
1) Bottary, Michael	2) Gustafson, Wyatt	
3) Marberry, Alex	4) Norman, Trevor	
4 Southwestern CC	A	3:26.42
1) Briley, Brandon	2) Ben Haj Belgacem, Ramzi	
3) Martin, Owen	4) Swapsy, Cameron	
5 Grand View	B	3:26.81
1) Warren, Tayte	2) Hayes, Jeovanni	
3) Simmons, Tobias	4) Tippetts, Kannon	
6 Iowa Central CC	B	3:26.91
1) Guarin, Isaac	2) Alexander, Anthony	
3) Moreland, Navon	4) Moen, Alan	



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<b>Team</b>	<b>Relay</b>	<b>Finals</b>
7 Truman	C	3:30.05
1) Keene, Hunter	2) Pike, Gavin	
3) Fuess, Nick	4) Siever, Owen	
8 Central College	B	3:31.17
1) Farrington, Mason	2) Ajiri, Elijah	
3) Feldmann, Gabe	4) Sheesley, Evan	
9 Buena Vista	A	3:35.23
1) Hays, Easton	2) Thompson, Zach	
3) Braun, Carter	4) Moquin, Bryce	
10 Truman	B	3:36.65
1) Long, Hayden	2) Hogan, Max	
3) Hummel, Willem	4) Howard, Brandon	
11 Iowa Central CC	A	3:49.87
1) Ortiz, Alexis	2) Fuller, Landon	
3) Hall, Waylon	4) Ndende, Caleb	

**Event 41 Men Pole Vault Invitational****4.21, 4.36, 4.51, 4.66, 4.81****Following Women's Pole Vault**

<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>		
1 Yoerger, Jacob	Northern Iow	4.81m
2 Nair, Gaurav	Unattached	4.66m
3 Pheifer, Carter	Northern Iow	4.36m
3 Rogers, Kyle	Central Coll	4.36m
--- Hobart, Kale	Central Coll	NH

